

Linking Protocol MentePrima System

Getting started: from the App Store to My Profile

This guide walks the patient step by step, from downloading MentePrima Paciente on the App Store to reaching My Profile, where the recording of their health information begins.

Step 1. Download the app:

Open the App Store on the iPhone or iPad.

Tap Search and type: MentePrima Paciente.

Tap Get and confirm the download with Face ID, Touch ID or the Apple Account password.

When the download finishes, the MentePrima icon appears on the device's Home Screen. Tap the icon to open the app.

Step 2. Welcome tutorial:

The first time the app opens, a five-page tutorial appears. Move forward by swiping left or with the Next button. The Skip button, in the upper-right corner, goes straight to the last page, the legal notice.

Screen 1. Welcome:

Title: Welcome to MentePrima.

Message: Your health information, always with you and under your control.

Screen 2. Your medical history:

Title: Your Medical History Always With You.

Screen 3. Emergency button:

Calls emergency services with a single tap, with no extra screens.

Announces out loud that the emergency call was activated.

Screen 4. Share with your doctor:

Message: The professional shows you their QR code. You scan it, verify their identity and decide whether to share your information.

Only you decide what is shared.

Access expires automatically after 25 minutes.

It is recorded in your access history.

Screen 5. Legal notice:

Shows the full text of the legal notice. To continue, the patient checks the box "I have read and accept the legal notice" and taps Start. This step is required and is done only once. The legal notice, with its acceptance date, remains available afterwards in Settings.

Step 3. Link your Apple Account:

Link your Apple Account screen:

Before the button, the app explains how it works:

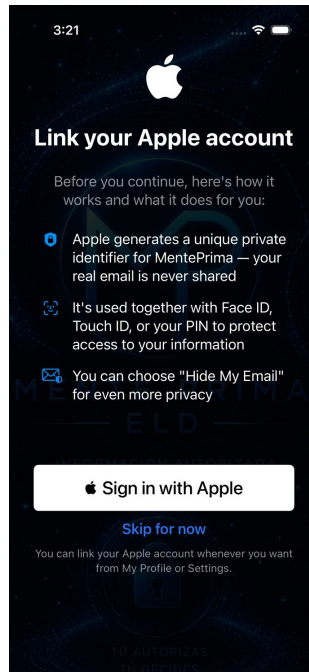
Apple generates a unique private identifier for MentePrima, and the patient's real email stays private.

It is used together with Face ID, Touch ID or the PIN to protect access to the information.

The patient can choose "Hide My Email" for greater privacy.

Sign in with Apple: a button confirmed with Face ID or Touch ID. When it completes, the message "Signed in with Apple" appears along with the Continue button.

Skip for now: the Apple Account can be linked at any time from My Profile or Settings.



Sign in with Apple

Step 4. Create the access PIN:

Create a 6-digit PIN screen:

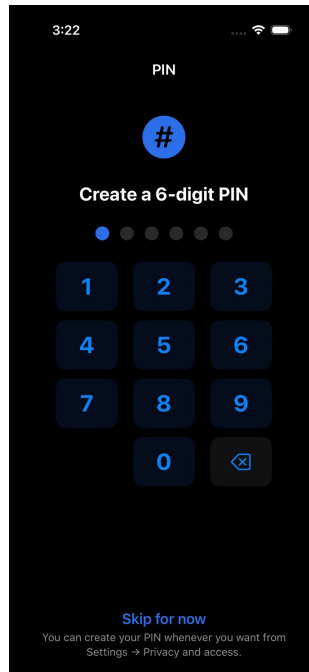
Numeric keypad to type the six digits, with a button to delete the last digit.

Confirm your PIN screen:

The same PIN is typed a second time to confirm it.

Skip for now: the PIN can be created at any time from Settings → Privacy and access.

Recommendation: create the PIN, since it is the alternative way in when Face ID or Touch ID is not available.



Passcode (PIN)

Step 5. Cover screen:

When the initial setup is finished, and every time the app opens, the Cover screen appears.

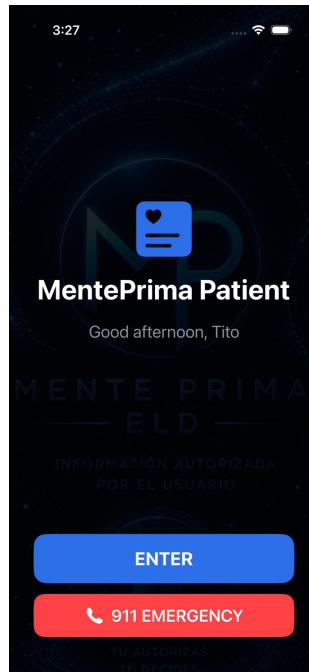
Cover screen:

Greeting: Good morning, Good afternoon or Good evening, depending on the time of day, together with the patient's name once it has been recorded.

ENTER: button to go into the medical history.

911 EMERGENCY: red button. With a single tap it calls 911 and keeps the emergency QR fixed on the screen for one hour. How it works is described step by step in the section "In the seconds that matter most."

Is it another family member's emergency? Tap their name: this appears when the patient has family profiles. It lets you choose the family member whose information is shown in the emergency.



Cover screen

Step 6. Verify identity:

Tapping ENTER opens the identity verification screen.

Verify identity screen:

Title: Patient. Message: Access your medical history.

Face ID or Touch ID: turns on automatically when the screen opens.

Use 6-digit PIN: opens the keypad to type the PIN.

Forgot your PIN?: the patient confirms their identity with Face ID or Touch ID and creates a new PIN.

Activate by voice: the patient taps the button and says clearly "MentePrima inicia." "MentePrima comienza," "MentePrima empieza" and "MentePrima actívale" are also recognized.

Step 7. Main panel:

After the identity is verified, the main panel opens. Five tabs appear at the bottom of the screen:

My Profile: the complete medical history, organized by groups of modules. It is the tab that opens first.

My QR: scanner and access code to share information with the health professional. First the patient scans the professional's identification QR; then the app generates the access code that the professional scans.

Documents: the general document archive, marked with a folder icon.

Upload prior history: button at the top of Documents to upload all previous medical history at once, unclassified. You choose several photos or PDFs at a time (From Photos, From Files) or scan several pages in a row with the camera (Scan several pages), which are saved as a single document.

Each document gets a name, an optional description and the approximate date; with "Apply to all" the same date is used for all of them. They are saved encrypted on the device, in the "Prior history" category (code MP-HIS).

Capacity: there is no fixed page limit; each document is read in full, page by page, and the practical limit is the device's free space. As a reference, the record of an older adult, or of someone with chronic conditions or a disability, usually adds up to between 500 and 2,000 pages. A scanned page weighs about 0.3 MB, so 500 pages are about 150 MB and 2,000 pages about 600 MB; a PDF with digital text weighs much less. Documents larger than 20 MB are saved encrypted in parts so as not to exhaust the memory.

Upload time: a PDF with digital text is saved in seconds; a scanned one takes about 1 to 2 minutes for every 60 to 80 pages. While it saves, the screen shows "Page X of Y" and the app must stay open.

New documents: once you start using the app, each new document is added with the + button (which can also scan several pages) or with the AI (🌟), which organizes it into its module.

Opening a document shows its image. If it has several pages (a PDF or a scan), the first page appears with the "View full document" button, which shows all the pages and allows zooming.

Identity and health insurance documents keep the front and back together in Documents, and the magnifying glass searches the text on both sides. Photos added later from the insurance detail are also kept in Documents.

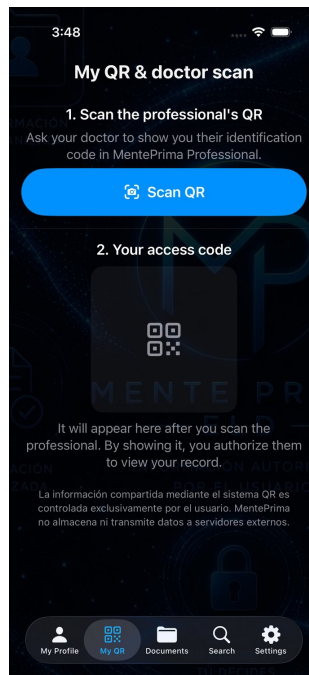
Search: finds any data point in all modules at once.

The search includes the text of every page of each document, even if it is unclassified. You can search by name, description, date (e.g.: 2015 or March 2015) or by a word in the content, and combine several (e.g.: prescription 2015).

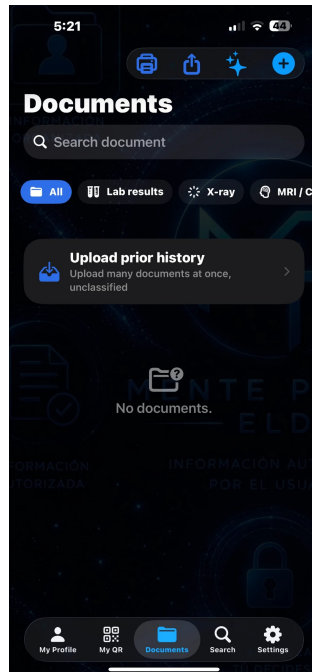
Each Documents result shows the category, the date and the sentence where the word appears; tapping it opens that document.

Settings: language, accessibility, privacy and access, help and legal notice.

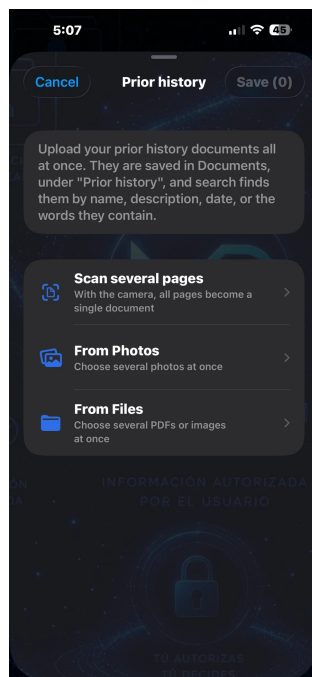
Delete my account and data: before the button, a red notice warns that the entire history will be erased; with sync turned on, also on the other devices with the same Apple ID. When tapped, the app asks twice before erasing.



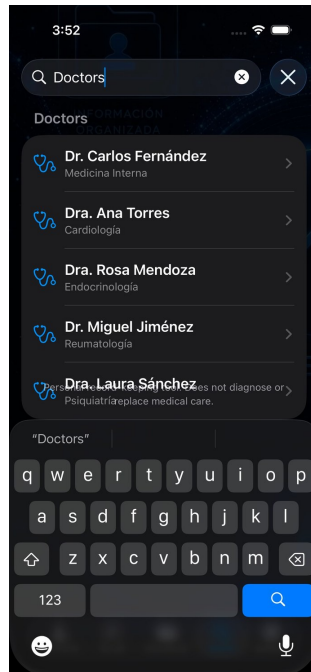
My QR tab



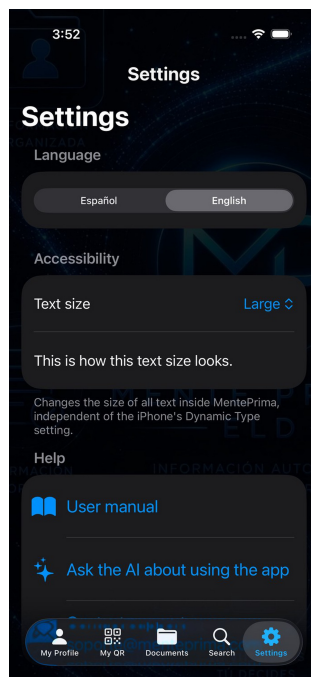
Documents tab — Upload prior history



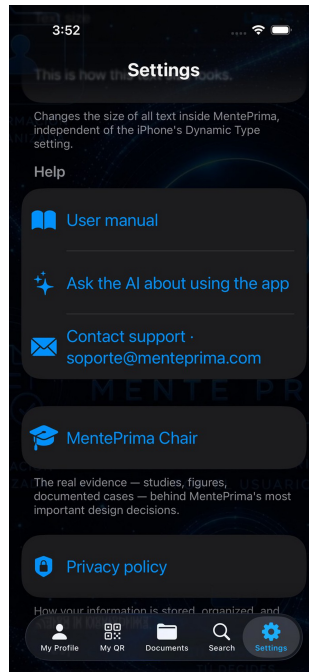
Upload prior history — scan, Photos or Files



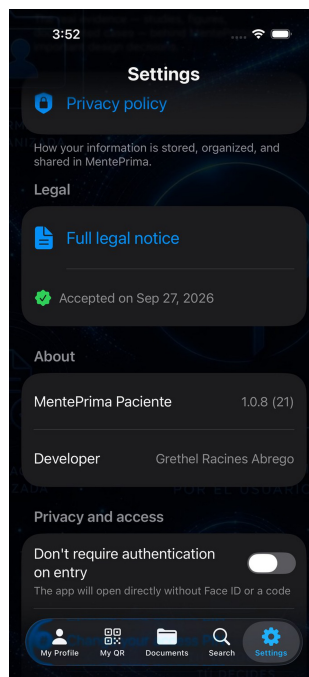
Search tab



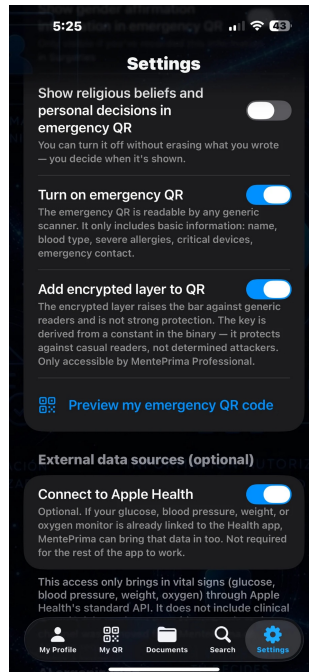
Settings — Language and accessibility



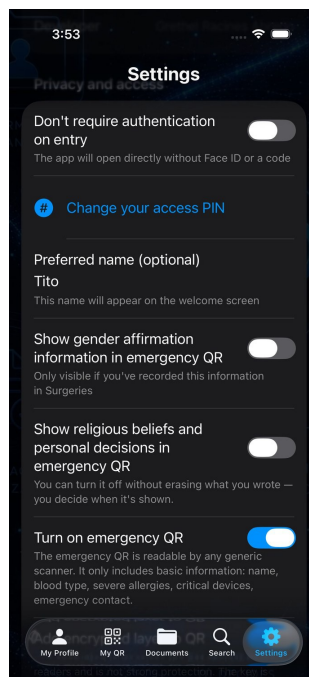
Settings — Help, MentePrima Chair and Privacy Policy



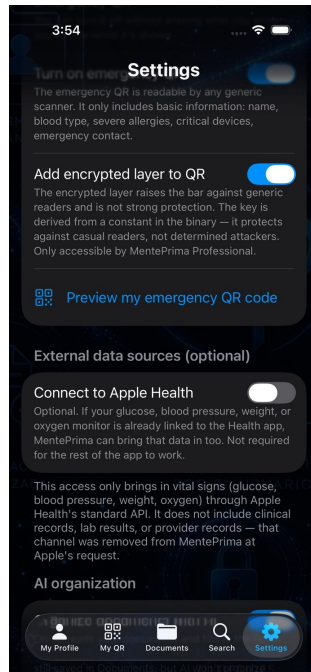
Settings — Legal, About and Privacy and access



Settings — Emergency QR and external data sources



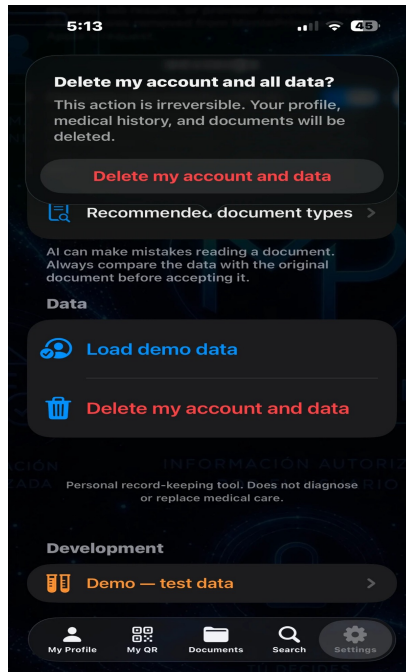
Settings — Privacy and access



Settings — encrypted layer of the emergency QR



Settings — QR preview and Apple Health integration



Settings — delete account, with confirmation

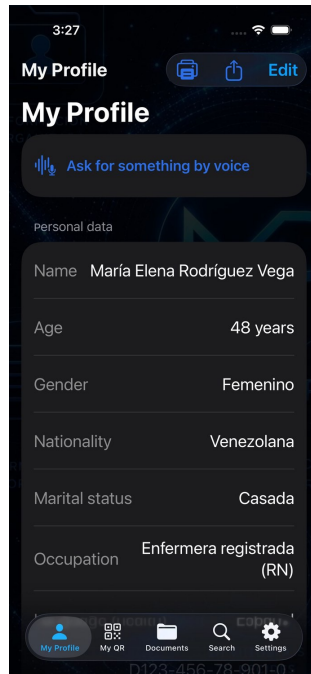
Step 8. First steps in My Profile:

Ask by voice: button at the top of My Profile to move through the app by speaking.

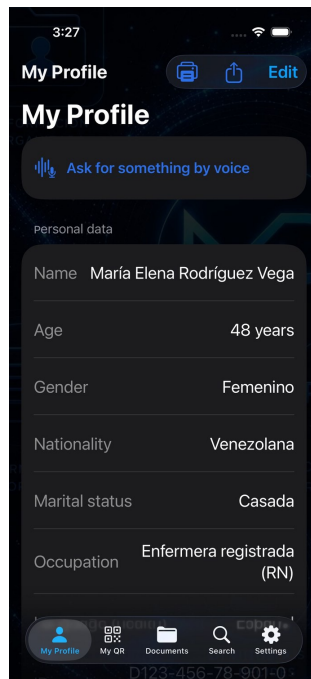
Recommended first record: the identity document. My Profile shows the button "Capture your license or another identity document to complete your details." With that capture, the AI fills in the legal name, date of birth and address.

Then the patient completes their personal details and, if they wish, links their medical-use email.

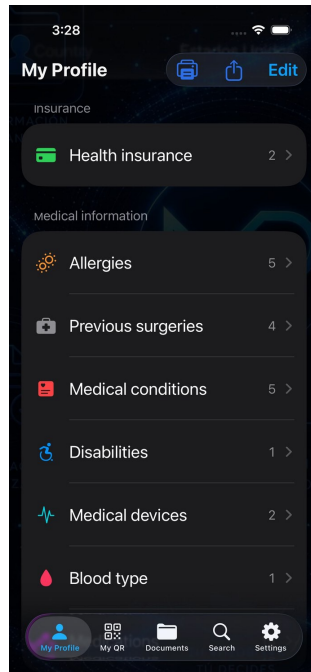
From here on, each module of My Profile is described screen by screen in the Modules section.



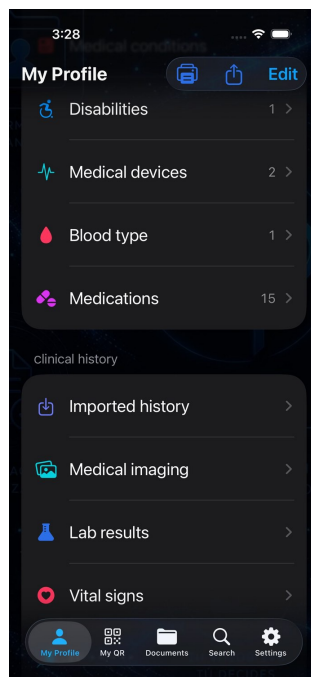
My Profile — top



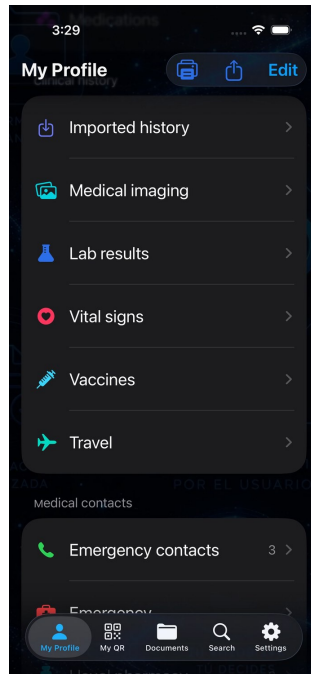
My Profile — top, on a second visit



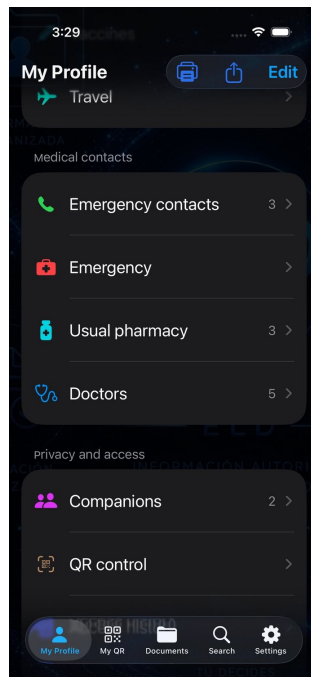
My Profile — the medical information group continues



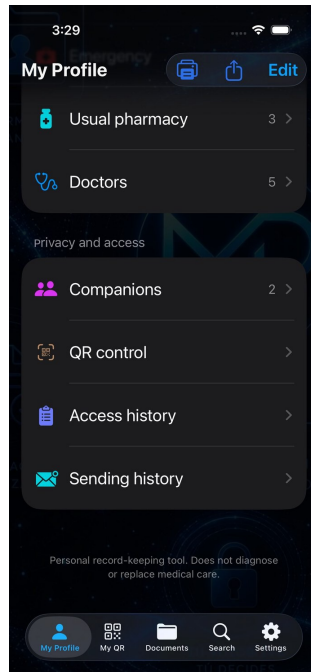
My Profile — medical information group, complete



My Profile — the clinical history begins



My Profile — clinical history, complete



My Profile — medical contacts and privacy

Preface

The importance of understanding the MentePrima System and its Method.

Reading each app's list of features separately shows the pieces. What truly makes the system trustworthy is a deeper layer: the method that all three apps follow equally.

That is why this protocol begins with the system and the four-step method that all three apps follow equally — capturing the information, reading by the AI tool, suggesting the module where it should be saved (the AI suggests), the user's confirmation or rejection, recording the information in the corresponding module and, when it is hard to classify, it is still sent to Documents. It then goes into the detail of each module and each screen within that module.

Understanding the method first is what makes it possible to read any screen of any of the three apps and know immediately where each data point came from and why it can be trusted.

This document, the Linking Protocol, is addressed to three readers at once — the patient who decides to entrust their history to the system, the health professional who consults it, and the companion. That is why the information is organized first by the system and the method they share, and then by what each of those three readers needs to look at closely.

Behind every screen, validation flow and integrity rule of MentePrima lies an extraordinary effort of engineering, clinical design and data architecture to deliver a product of the highest quality: that is, to conceive the system and the method themselves as a quality product. At MentePrima, quality is demonstrated in the mathematical and logical rigor of its local processing engine, in the unalterable traceability of every data point backed by a real document, in the complete functional parity among its three apps, and in the unwavering security it provides to patients, families and health professionals.

MentePrima organizes the personal medical history and delivers it on the cell phone, tablet, laptop and/or desktop computer. This protocol explains how the apps for the Patient, the Health Professional and the Companion form a system. These apps share the method and the role of artificial intelligence as an essential collaborator.

The correlation of the set of apps works together to improve the patient's quality of life, make the work of health professionals and caregivers easier, and of course keep the patient informed. This is what makes MentePrima a system and a method. The apps share the same data model and the rule of information accredited by documents, which also rest in the general archive of received documents. The same principle of "the AI

proposes, the person confirms." What changes between them is the authorization model: the link with the health professional is one-time and expires on its own; the link with the companion is continuous, and the patient turns it off whenever they want, from Settings.

The System

MentePrima Paciente

The patient's app. It brings together the complete health history, the emergency QR code, the access authorization QR code and an email dedicated to medical use, which is optional but which we suggest using to make it easier for the patient to identify health information, since when using an email shared with other matters, medical information is likely to get lost. The device's AI tool reads each document, reports its classification by module and asks for authorization to fill in the information fields. This is the origin of the system's security certification.

MentePrima Profesional

The health professional's app. With the patient's authorization, it gains access to the patient's complete health history. It can view the information modules on its own device, download records, send emails to the patient's medical-use email, among other functions.

MentePrima Acompañante

The app for a trusted caregiver. MPA receives a synced copy of the patient's app. Designed for when the patient can no longer manage their information or to delegate it for other reasons. The patient keeps the ability to revoke access.

The Method

A method repeated the same way in all three apps

Every documented clinical data point always follows the same sequence. This method is what truly unites the system.

STEP 1

Capture the information

A photo, a PDF, the Share function from another app, or the linked medical email. The patient always starts from a real document — the source of each clinical data point.

→

STEP 2

The AI reads

The engine always runs on the patient's own device: it classifies the document and extracts each field — severity, dose, date, physician, hospital, result, etc.

→

STEP 3

Human confirmation

The patient, or their authorized companion, sees a card with what the AI proposes. Two buttons: Accept, or Discard and try again. Everything is saved only with that gesture.

→

STEP 4

Permanent record

The data point stays linked to the document that accredits it, which rests in the general archive, the Documents section, found at the bottom of the screens and marked with a folder icon. A correction of information is added as a new record, and the original remains.

Where this method applies

This pattern governs the modules with an accredited document: identity, health insurance, allergies, previous surgeries, medical conditions, medical devices, blood type, medications, imported history, medical imaging, lab results, vital signs, vaccines, emergencies, access history, sending history.

The exceptions and why they exist.

Each exception to the method answers to a specific reason:

Disabilities can be edited by the patient, since they may be temporarily disabled without a diagnosis.

Family history obviously cannot be documented in every case, since it is the private information of family members; the patient provides that data verbally to their physicians, and in the MentePrima Paciente record they can add or edit it freely.

The travel module is a personal log, considered by the developer to be of great importance because medical staff can obtain clarifying information about symptoms the patient may present and relate or rule them out according to critical public health information for the places the patient has visited.

History imported from Apple Health or another similar source linked to the patient's phone is its own verifiable source.

The patient's personal note, in any module, is an editable comment, a space of their own separate from the documented clinical data. This space refers to comments that can help medical staff do their work with greater quality.

Non-clinical information — marital status, occupation, phone, preferred name, religion or beliefs — is editable, since it can change over time.

Whenever the patient prefers, they can turn the AI (artificial intelligence) tool on or off and file the document directly within the correct module, keeping the original in the Documents section to certify the information provided.

Artificial intelligence

AI as an essential collaborator, always under human confirmation

Artificial intelligence is a central piece of the MentePrima system. The AI makes it possible for every clinical data point to always come from a real document, read on the device itself and confirmed by the patient. Its role is deliberately bounded.

01 It lives on the device

The AI engine runs 100% on the patient's own device. The document it reads is processed locally. There are no external servers at all that could become a point of leakage for the patient's information.

02 It reads and proposes

It classifies the document and extracts the fields as a proposal awaiting confirmation before it is saved. It is a collaborator in capturing information. Authority over the record remains with the patient.

03 It only organizes

It shows the value of a clinical data point and its reference range. Classifying it, suggesting treatment or assessing interactions between medications always remains in the hands of the health professional.

04 Mandatory human confirmation

The patient, or their authorized companion, reviews and confirms each data point before the AI saves it. That gesture is what makes the data point real in the record. The artificial intelligence tool can make mistakes, which is why it is important to pay close attention before authorizing it to be saved.

05 Acknowledging AI error and the General Archive solution

At MentePrima we have contemplated and foreseen with absolute clarity the possibility that the artificial intelligence may misclassify a document. This is a normal and inherent part of using this analytical tool, which, like any advanced computational model, can make mistakes with hard-to-read typefaces, deteriorated documents, handwritten medical notes or reports with atypical structures. Far from hiding it, the MentePrima system embraces this reality with complete transparency and methodological rigor: the AI is a collaborator and the person is always the authority who decides.

To resolve this situation directly and definitively, we have implemented the alternative of adding the document directly to the General Document Archive. The General Archive stores the complete document in its original format and has a powerful, intuitive

keyword search. In this way, if the AI misclassified a report into the expected clinical module, or the user prefers not to use automatic field extraction, the document remains perfectly safeguarded and accessible: just type any relevant word, such as the name of the physician, hospital, symptom, medication or date, to find the document immediately, ensuring that no information is lost and that the documentary evidence is always available.

Why this design.

By requiring every clinical data point to come from a real document read by the AI, the architecture protects against insurance fraud. Every condition, surgery, medication and personal detail is backed by the document that accredits it, which strengthens the identity of both the patient and the health professional, grounds every clinical picture on real documentary evidence, and closes the door to the deliberate fabrication of symptoms or medical histories (Munchausen syndrome). Health insurance fraud costs the United States tens of billions of dollars a year — between 3% and 10% of all health spending, possibly more than \$300 billion (NHCAA). Medication errors caused by incomplete, illegible or poorly transcribed information cause between 7,000 and 9,000 deaths a year and 1.5 million preventable adverse events in the United States (National Academies of Medicine, 2006) — figures that documented, accurate and verifiable information can reduce directly.

The same AI, extended to the companion

When the patient has the AI turned on, whatever is still pending confirmation is also reflected for their linked companion, so they can review it if the patient needs them to. The health professional always sees the history already accepted by the patient — the confirmed and trustworthy version of their information.

Non-negotiable principles

Six fixed rules

1 100% local

The patient's data lives on their own device. The exceptions are trusted ones: iCloud for the QR and syncing, the patient's own email provider, and the public WHO/CDC bulletins for travel.

2 The AI reads, the patient confirms

Artificial intelligence fills in the corresponding fields. The patient always confirms or discards — their gesture is the only thing that validates a clinical data point.

3 Accredited document, permanent history

Each clinical data point stays linked to the source that accredits it through a code, which can be found in the general document record and whose meaning appears in the glossary of terms.

4 It organizes, and leaves the diagnosis to the professional

MentePrima shows values, reference ranges, etc. Classifying them and suggesting treatment always remains in the hands of the health professional.

5 Mandatory human confirmation

A person — the patient or their authorized companion — reviews and confirms each clinical data point before the AI saves it.

6 Equal access

All Paciente modules are available from the first day, during the free trial and with an active subscription, equally and without restrictions.

MentePrima operates under the FDA's Personal Health Record (PHR) exemption — Section 3060 of the 21st Century Cures Act — reserved for tools whose function is purely organizational. That exemption is the project's most important design constraint: almost every rule in this protocol derives from it. Both apps are, by design, purely organizational tools.

How they interact

Each app talks to the others only when the patient allows it Paciente ↔ Profesional

The patient scans the medical staff member's identification QR. The patient verifies who is requesting access and decides to authorize or reject. The exchange travels encrypted and single-use, and closes automatically after use.

Paciente ↔ Acompañante

The link works the same way as with the health professional. The caregiver shows their introduction QR; the patient scans it, verifies their identity and the app immediately generates an access code, assigned to that caregiver and valid for 25 minutes. The caregiver scans that code and becomes continuously linked. With the AI turned on, whatever the patient has not yet confirmed is also reflected for their linked caregiver, so they can review it if the patient cannot.

Paciente ↔ Watch

Automatic sync from the phone to the watch, every time the app opens or the data changes.

Each link is activated only by the patient's authorization gesture. The emergency code is a visible screen, created so that emergency staff have access to basic information at a critical moment, and it can be scanned by any device.

Prices and benefits

What each door opens

Three accesses that come together to optimize health care — each one with exactly what its holder needs, at the moment they need it most.

Pricing philosophy and benefits: technology accessible to everyone

The prices of the MentePrima system have been set deliberately with the primary goal of making the apps accessible to as many people as possible worldwide. MentePrima democratizes health technology through accessible subscriptions. MentePrima Paciente is free, and it also lets you keep the whole family's records on the same mobile device. MentePrima Acompañante is \$9.99/month and MentePrima Profesional de Salud is \$29.99/month. The introductory offer to get to know how the apps work is 15 free days.

A breadth of benefits for every reality:

- Patients with their whole family in their app: MentePrima Paciente is not limited to the account holder. Thanks to its powerful family profile architecture, the patient can record, organize and keep the complete, independent medical history of their children, spouse, parents or dependents within their same app, with no hidden costs or extra charges for each dependent added.
- Caregivers with all their patients in their app: MentePrima Acompañante was created to respond to the human reality of daily care. Both a family member and a professional caregiver can keep all the patients in their care in a single app, with each record synced in real time, clearly separated and with a clear log of every intervention. Up to 112 patients.
- Health professionals with all their patients in their app: MentePrima Profesional lets physicians, specialists, therapists, etc. consult and manage the complete clinical history of all the patients they see at home or at their workplace. Capacity of up to 112 active patients per device.

In the seconds that matter most

Step by step:

Cover screen, before entering the app: you tap the red 911 EMERGENCY button.

Two things happen with that same tap:

The app saves "QR fixed for 1 hour from now."

The iPhone opens the call to 911.

When you return to the app (after hanging up, or if someone else opens the phone), the emergency QR appears full screen on a black background. No PIN or Face ID is needed.

The screen shows:

A notice with a padlock: "This screen was fixed by your 911 call, available for 1 hour."

The QR, which has two layers:

One in plain text, readable by any phone's camera: first and last name, age, blood type, severe allergies, critical medications, devices, disabilities, vital signs, emergency contact and health insurance.

During that hour, even if the app closes or restarts, opening it goes straight back to that QR, giving the emergency care team enough time to reach the patient, find the phone and see the information.

To leave before the hour is up: in the corner, where there is normally an X, a padlock appears. It asks for your PIN or Face ID. Once validated, the screen is unpinned and you go straight to your profile.

After the hour, it unpins on its own and the app returns to the normal Cover screen.

Modules

A place for every health data point

Description of the screens and their recommended use.

IDENTITY AND CONTACT

Personal data module:

Main screen:

Name, age and gender: accredited with the identity document.

Nationality: optional.

Marital status.

Occupation: optional.

Language (health): preferred language for medical care.

ID number: the number of the identity document.

Preferred name: the name by which the patient wishes to be called.

Religion.

Religious beliefs and personal decisions (optional): e.g.: I do not accept blood transfusions. The patient writes it in their own words. If the corresponding switch is turned on in Settings, it appears in the emergency QR, immediately visible to medical staff.

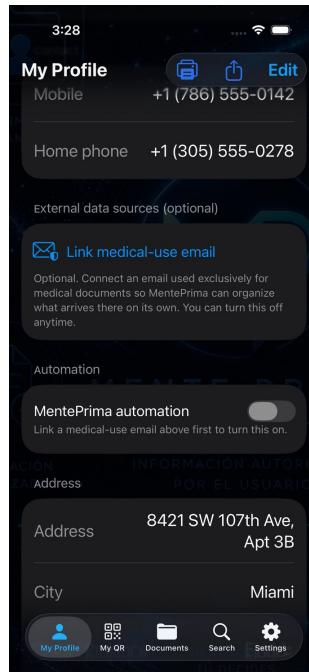
Organ donor: Yes or No.

Current pregnancy: Yes or No, with the estimated due date.

Mobile and Home phone (optional).

Edit: lets you update the non-clinical data, which can change over time.

Name, date of birth, gender, address and ID number are accredited in the "Identity document" module.



"Contact" group

Gender affirmation module:

Main screen:

Setting: the "Include gender affirmation information" switch. When it is on, this information is available to the health staff the patient authorizes. This section is completely voluntary.

Identity: Sex assigned at birth (Male, Female or unspecified).

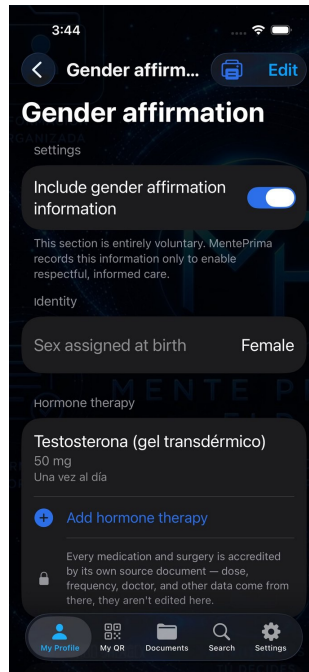
Hormone therapy: list of documented hormone therapies, with the "Add hormone therapy" button.

Affirmation surgery: list of documented surgeries, with the "Add affirmation surgery" button.

Each medication and surgery is accredited by its own source document, from which the dose, frequency, physician and other data come.

Notes for the professional: information the patient wishes to share with their health team. It is shared only with the professionals the patient authorizes through a QR.

Edit and Save buttons.



Gender affirmation

Identity document module:

Main screen:

Current identity document:

Document type: e.g.: Passport, national ID card, driver's license.

Number.

Expires: expiration date.

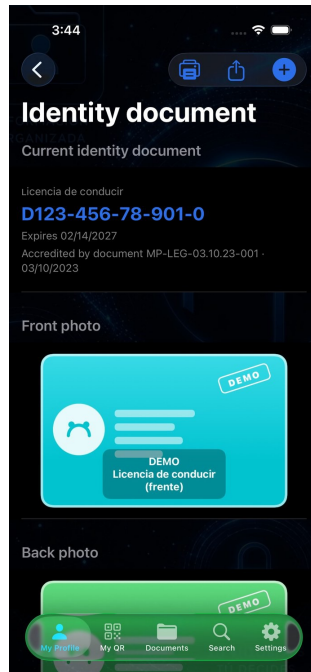
Accredited by document: document code and registration date.

Front photo and Back photo: images of the document taken when it was recorded.

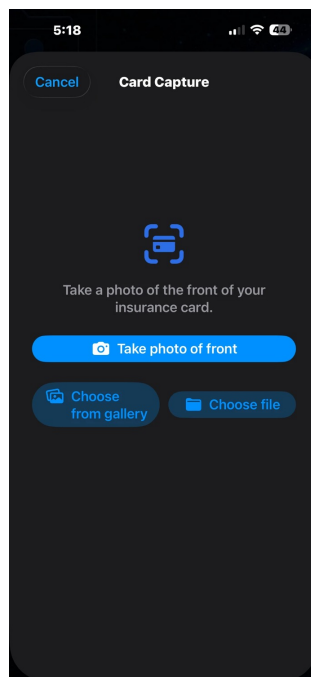
History: previous identity documents.

Add accredited identity document: opens the document type selector and then the camera to photograph the front and back. The AI reads the legal name, date of birth and address.

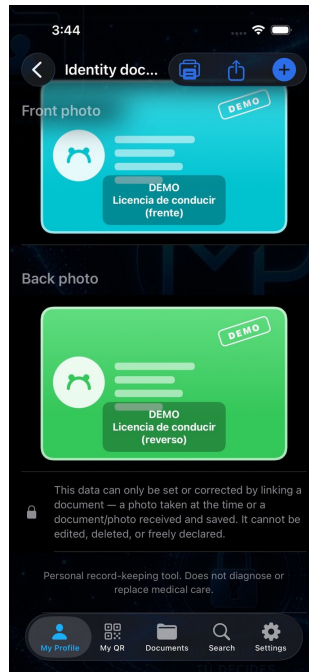
This data is set or corrected by linking a new document.



Identity document



Insurance card capture



Document capture

Family profiles module:

Main screen:

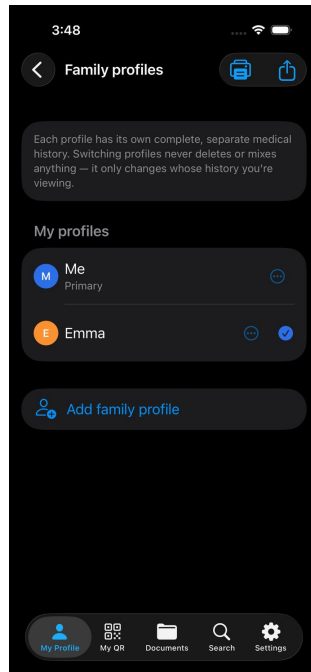
My profiles: list of the family's profiles. The account holder's profile appears as "Main."

Each profile has its own complete and separate medical history. Switching profiles switches the history being viewed, and each history is kept intact.

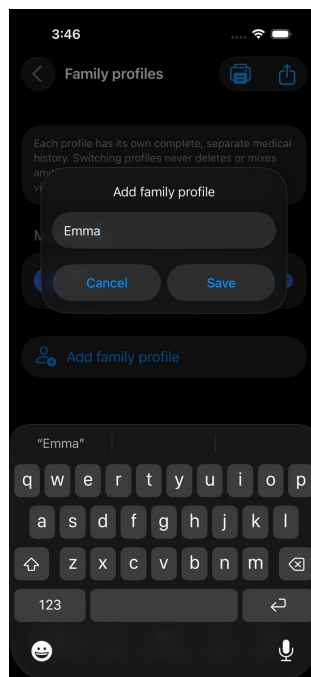
Add family profile: type the name. E.g.: Sofía.

Rename profile: changes a profile's name.

Delete: erases the profile and its entire history. To confirm, type the profile's name.



Family profiles



Adding a family profile

Medical-use email module:

Main screen (inside My Profile, Contact group):

Your email for medical documents: the address the patient gives to any clinic, laboratory, physician or pharmacy. The sender does not need to have MentePrima. Whatever arrives at that email, the app receives and organizes; the patient confirms.

Share: sends the address with the message "Please send my medical documents to this email."

Change or unlink this email.

MentePrima automation: switch. On: MentePrima checks the medical-use email and organizes what arrives. Off: the patient decides when to review each document.

Last check: date of the last email check and number of new documents.

Link medical-use email screen:

Recommendation: use an email exclusively for medical documents, preferably an Apple email (@icloud.com).

Link with step-by-step guide: the app takes you to Apple's page. On that page you sign in with the medical email account (the personal Apple Account used to buy the app is kept for everyday use). Then the app-specific password is generated and MentePrima connects it.

Medical-use email and Email password.

Which password do I use?: explains the app-specific password and opens each provider's page.

Connection details: a section for those who already have the code or prefer to do it manually.

Connect: completes the linking.

Unlink this email.

Address module:

Main screen (inside My Profile, Contact group):

Address, City, State / Province, Postal code and Country. The address is accredited with the identity document.

Health insurance module:

Main screen:

List of insurance plans with insurer, policy number, group and validity: "Valid until" or "Expired on," with its date.

Add health insurance: button to record a new insurance plan.

Auxiliary screen. It opens by tapping (>) on an insurance plan.

Policy details:

Policy number.

Group ID.

Policyholder: name of the person who holds the policy.

Customer service phone: the insurer's customer service number.

Expiration date.

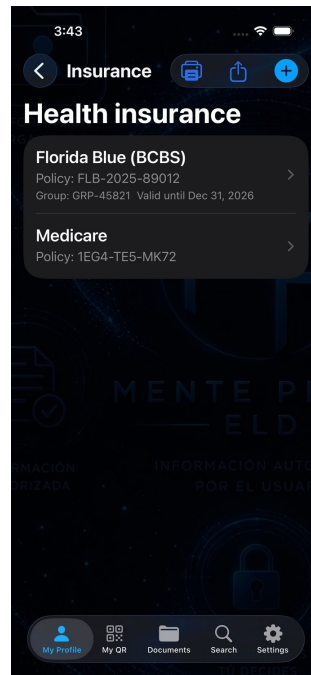
Source document: naming code assigned by the AI.

The insurance is accredited by its document. To correct a data point, a new record is added with a new document.

Insurance card — front: photo of the front of the card, with the option to add or change it.

Insurance card — back: photo of the back of the card, with the option to add or change it.

MEDICAL INFORMATION



Health insurance

Allergies module:

Allergy: description of the causal agent or allergen. Example: Grass pollen.

Severity: Mild, moderate, severe. Since this is past information, its placement in this field is considered part of a diagnosis made outside the app.

Episode: the date the patient told their physician they had the allergy.

This screen has options to print, share and add documents.

Print:

Printer: select the printer.

Copies: number of copies.

Paper size: 7 paper sizes to print on.

Layout:

Layout is the way the content of the digital report is organized and arranged on the physical paper. It controls aspects such as:

- * The paper orientation (portrait or landscape).

- * The order of the pages.

* The number of pages of the digital document placed on each side of the sheet of paper.

2. What does "1 page per sheet" mean?

To understand it, it helps to distinguish between page and sheet:

* Page: each page of the digital report or PDF generated by MentePrima, with the title, the allergies table (in this case), details and footnotes.

* Sheet: the physical piece of paper that goes into and comes out of the printer.

"1 page per sheet" means that each digital page of the report will be printed at normal scale (100% size), filling a whole sheet of physical paper.

* Practical example: if your allergy history takes up 1 page on screen, it will be printed on exactly one sheet of paper, with its full typeface, proper margins and maximum legibility.

* Comparison: if you chose "2 pages per sheet," the printer would reduce the text size to fit two digital pages together (side by side) on a single side of paper.

Why does it appear there?

When you tap the printer icon in the top bar of Allergies, MentePrima automatically generates a PDF.

"1 page per sheet" is the standard and recommended option, since it ensures that the clinical data and notes can be read with complete clarity and without size reduction by the physician or specialist.

Share:

In the apps of the MentePrima system, the "Share" function in the modules plays a fundamental role in medical portability and communication, and is used as follows:

1. How is the "Share" button used inside a module?

In the top bar of each module (Allergies, Medications, Lab results, Surgeries, etc.), you will see the standard share icon.

Tap the button: when you tap the icon, the MentePrima engine gathers the visible records of that specific module.

1. Instant PDF generation: the system generates a formal, clean and structured .pdf document in the device's local memory:

- Header: includes the module title (e.g. "MentePrima — Allergies"), subtitle and the exact date of issue.

- Tabular content: presents each record broken down field by field (label and value), keeping the module's alphabetical or chronological order.
- Legal footnote: includes the official legend certifying that it is a personal documentary report generated locally and that it does not replace medical judgment.
- Optimized colors: the text and margins are compiled with fixed neutral colors so the document is perfectly readable both on screen and when opened on other devices, whether Light or Dark Mode is in use.

2. Opening the share sheet: the native menu opens, where you can choose the destination:

- Messaging: send the PDF directly via WhatsApp, iMessage/Messages, Telegram, etc. (other apps available to receive the document) to the physician, family member or clinic.
- Email: attach it to an email from the Mail app, Gmail, etc.
- AirDrop: send it wirelessly in seconds to a nearby Mac, iPad or iPhone (for example, in the physician's office).
- Save to Files: store a copy in the Files app (on the device or in iCloud Drive / Google Drive).

2. Reverse use: bringing documents into the modules with "Share" (Share Extension)

"Share" also works in the opposite direction to feed the medical history:

- * If you receive a lab result, a prescription or a report in WhatsApp, Mail, Safari or Files, you can tap Share in that external app and select MentePrima.
- * The document goes directly into MentePrima so the local AI engine can classify it and propose adding it to the corresponding module (such as Medications or Allergies) through the mandatory human confirmation step.

Add (+):

Step by step: how to use the + button

1. Start capturing the document

When you tap the + button, the app opens a menu to bring in the document that accredits the allergy:

- * Camera: photograph the medical report, skin test, prescription or diagnostic certificate directly.

- * Gallery: select a photo of the document you already have in your device's camera roll.
- * Files: import a file (PDF or image) stored on your device or in the cloud.
- * (If you received a document by WhatsApp or email and sent it to MentePrima using "Share," it will appear ready to select in the top section.)

2. Automatic reading with local AI

Once the document is selected:

- * MentePrima Paciente's Artificial Intelligence engine processes the text 100% within your own device (without sending your medical information to external servers).
- * The original document is immediately safeguarded in the permanent document vault.
- * The AI identifies and extracts the key fields:
 - Allergen or name of the allergy (e.g. Penicillin, Shellfish).
 - Severity level (Mild, Moderate, Severe).
 - Described reaction and symptoms presented.
 - Treatment or medication administered.
 - Treating physician, date of the episode and place of care.

3. Review and Human Confirmation (the AI proposes, you decide)

The app presents a confirmation card with all the data the AI extracted, for your review:

- * Accept (blue button): if the data matches your document, tap Accept. At that moment, the allergy is recorded and certified in your history.
- * Discard (red button): if the reading was unclear or you prefer not to record it, you can discard it. The original document is still kept safe in the general archive.
- * Save only the document in Allergies: if the report is handwritten or you prefer not to break it down into fields, you can tap this button to keep the document filed inside the Allergies module for direct visual reference.

4. Consulting the permanent history

Once accepted:

- * The allergy will appear in the main Allergies Table, ordered with its name, severity level and date.

* Tapping the row takes you to Table 2 (History Detail), where you will see the complete breakdown of the episode, the reference to the original source document locked against alteration, and a space for your personal notes, dictated by voice or written.

Secondary screen. Allergy detail:

It is the screen that follows the module's main screen.

The detail is shown by tapping the "greater than" symbol or arrowhead ">" next to the date of the episode. This space shows the name of the allergen.

Episode with its event number (whether it is the first, second, etc.)

Severity (mild, moderate, severe).

Source document (which has its own detail screen).

Approval given by: shows who approved the source document — Patient or Companion — and the date and time the source document was recorded.

Specific allergen: the specific name of the allergen. Example: Grass pollen (Poaceae spp.)

Treatment received: describes the treatment prescribed by the physician.

Examining physician: name of the physician who saw the patient during the episode.

License information: this information must be provided by the physician; however, it may not appear in the source document.

Date of care: the date the patient was seen. It is important to distinguish this date from the date of the event, since they may not coincide. In some cases this tells the physician things that, if necessary, will be evaluated later.

Place of the episode: the specific place where the first symptom was detected, since this information must also be considered in the evaluation.

Described reaction: this description is also needed for follow-up and for whatever the medical team requires.

Patient's note: here the patient should report any reaction they consider important for the health team. The note can be filled in by voice or in writing.

Link to the physician's email to send the note.

Source document screen:

It shows the following; let's look at an example:

Document title: Visit summary — reaction to sulfonamides.

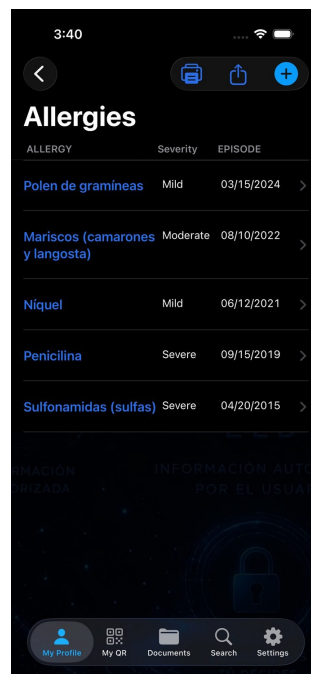
Document type: Visit summary

Date: the date the document was added to the MentePrima Paciente record: September 26, 2026

Code: the code assigned by the AI, explained in the glossary of terms. This example is document MP-CON-03.18.24-001, which indicates that it is a MentePrima-Visit-March 18, 2024-number 001 of that type of document on that date.

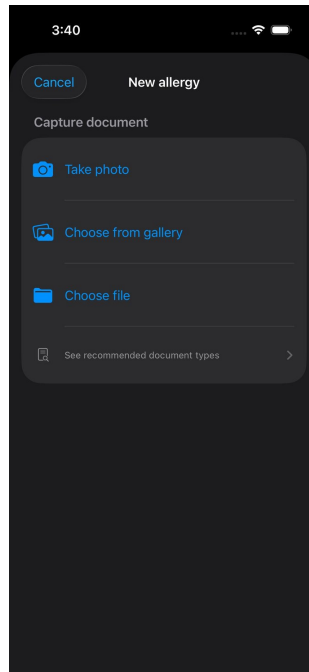
Extracted text: Office of Dr. Carlos Fernández, Miami Center. Visit summary. Reason: allergic rhinitis. No diagnoses or medical recommendations included in this summary.

Notes: field for notes from the medical team: e.g.: "Evaluation for recurrent seasonal symptoms."



ALLERGY	Severity	EPISODE
Polen de gramíneas	Mild	03/15/2024
Mariscos (camarones y langosta)	Moderate	08/10/2022
Níquel	Mild	06/12/2021
Penicilina	Severe	09/15/2019
Sulfonamidas (sulfas)	Severe	04/20/2015

Allergies — list



Allergies — menu for recording a new one

Surgeries module:

The print, share and add (+) functions are the icons at the top of the first screen. Instructions for their use are described in detail in the "Allergies" module.

Surgery: describes the procedure performed.

Year: year of the procedure.

Detail screen:

Procedure name: describes the type of procedure performed. Example: Cesarean section.

Procedure data:

Year of surgery: the year of the surgery is repeated here.

Exact date: indicates the exact date of the surgery with month, day and year.

Hospital/Clinic: name of the health center where the procedure was performed. E.g.: Hospital Universitario de Caracas, Venezuela.

Physician who performed it: name of the physician who performed the surgery.

Type of anesthesia: name of the anesthesia used. E.g.: Epidural.

Reason/Indication: description of the cause. E.g.: Acute fetal distress. Altered fetal heart rate on monitoring.

Source document: naming code assigned by the AI.

Recovery:

Days of hospitalization: time set by the medical team for the patient to recover within the hospital facilities.

Implants or material placed: if a device was implanted, this field indicates its type.

Complications: important information because the patient shows health indicators according to these results and, to the same extent, the quality of the care received.

Restrictions:

Current restrictions: those indicated by the medical team, of course, for the patient's optimal recovery. E.g.: Visible Pfannenstiel scar. No current restrictions.

Patient's note:

The patient can dictate their note through the microphone enabled in the app. They can also listen to the note they dictated or wrote.

Link to the physician's email to send the note

Source document screen:

Document:

Title: description of the document. E.g.: "Informed consent — emergency cesarean section."

Type: indicates what type of document it is. E.g.: Consent/Certificate.

Date: indicates the date the document was added to the patient's record in the MentePrima Paciente app.

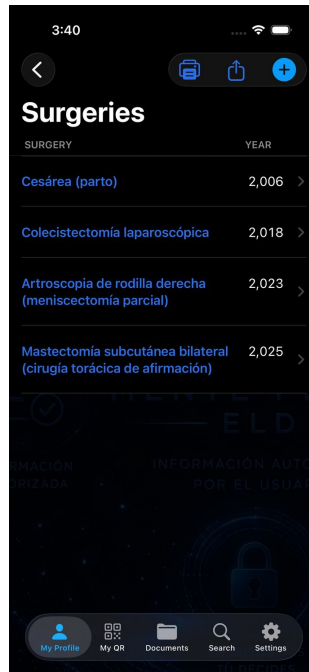
Code: the code assigned by the AI, according to the Glossary of Terms, explained in the "Allergies" module.

Extracted text:

Here the AI records any text the document contains. E.g.: Hospital Universitario de Caracas. Informed consent for cesarean section. Signed by the patient.

Notes:

Notes on the document. E.g.: "Signed prior to the emergency procedure."



Previous surgeries — list

Medical conditions module:

It starts with the print, share and add (+) functions. You can look up how to use them in the "Allergies" module.

Condition:

Description of the health condition. E.g.: Type 2 diabetes mellitus.

Year: the year the health condition was identified is added here.

Treatment: indicates whether it is under treatment.

Family history:

Family member:

Indicates the relationship. E.g.: mother

Condition:

Diagnosed condition. E.g.: Type 2 diabetes.

Documented:

Indicates yes or no as to whether the family member's diagnosis has been documented in the record of the patient who uses the MentePrima Paciente app.

Auxiliary screen. It opens by tapping (>) on the health condition.

The title shown is the name of the health condition. E.g.: Type 2 Diabetes Mellitus.

Medical follow-up:

Year the health condition was identified.

Currently under treatment: yes or no.

Treatment start date: indicates the date the patient actually started the treatment, that is, the moment they began taking it. Avoid the date the physician prescribed it if you started much later. If in doubt, ask your physician which information is best for them.

Follow-up frequency: report the time between one medical visit and the next, in which your physician monitors this health condition. E.g.: every 3 months.

Current medication: list the medication or medications taken for this health condition.

Physician who reported this condition:

Name: name of the physician who first reported this health condition.

License number: useful information.

Institution: name of the health center where the diagnosis was made.

Source document: naming code assigned by the AI.

Patient's note: same as in the "Allergies" module.

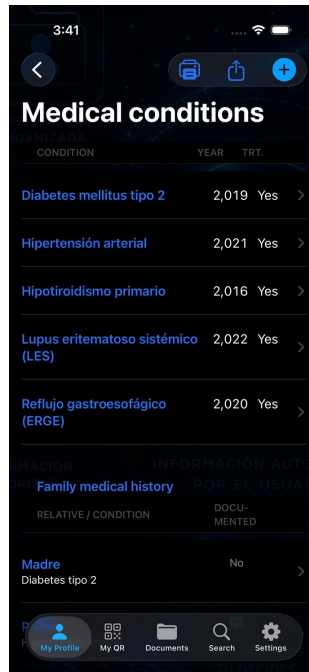
Auxiliary screen that opens by tapping (>) on family history:

The title describes the relationship.

Detail: age at which this family member was diagnosed with the respective condition.

Documented: whether or not it is documented in this app.

Patient's note: same as in the "Allergies" module.



Medical conditions — list

New family history entry

Disabilities module:

Main screen:

Type/Description: describes the type of disability. E.g.: hearing.

Diagnosis date: the date the health condition was diagnosed.

Documented: indicates whether the diagnosis is documented in the app.

Comments: important information. E.g.: uses hearing aids.

Auxiliary screen.

Title: begins with the type of disability and its respective information. E.g.: Moderate bilateral hearing loss (40–55 dB)

Detail:

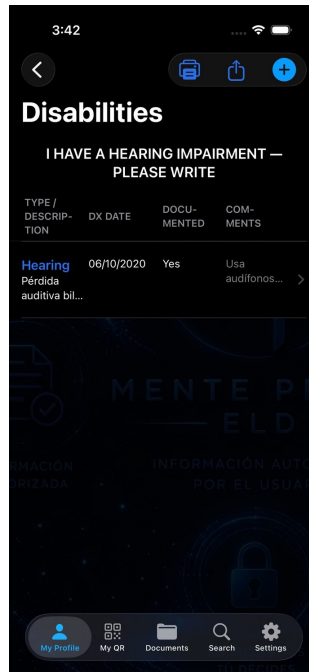
Level: e.g.: moderate.

Diagnosis date: the date the patient was informed of the diagnosis.

Show on emergency screen: indicate whether or not it is shown on the screen with the emergency QR. This is important because the emergency care team must know this information, which will clear up doubts if, for example, the medical team asks the patient to follow instructions and the patient does not respond. In that case, if the disability is a hearing one, they could rule out certain reactions needed to carry out emergency care.

The print, share and add (+) functions appear at the top of the first screen of each module. Instructions for their use are described in detail in the "Allergies" module.

The Patient's note works the same way in every module: the patient writes or dictates their note with the microphone, can listen to it out loud and send it by email to their physician. The note accompanies the documented data and complements it.



Disabilities — list

Medical devices module:

Main screen:

Device: name of the medical device. E.g.: Pacemaker.

Date: date of implantation or start of use.

Auxiliary screen. It opens by tapping (>) on the device.

The title is the name of the device. E.g.: Dual-chamber pacemaker.

Serial number: the device's factory number, useful for the medical team and the manufacturer.

Device details:

Brand and model: e.g.: Dual-chamber pacemaker, model 200.

Responsible physician: name of the physician who placed or prescribed the device.

Institution: health center where it was placed.

Implantation / start date: exact date with month, day and year.

Implantation / start year: shown when only the year is known.

Next check: date of the device's next follow-up.

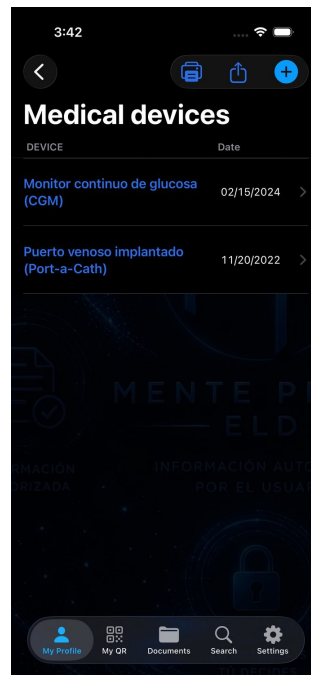
MRI compatibility: indicates whether the device allows an MRI. Extremely important information in an emergency and before any imaging study.

Source document: naming code assigned by the AI.

The device is accredited by its document. To correct a data point, a new record is added with a new document.

Device document: space to add or change the photo of the device card provided by the manufacturer or the hospital.

Patient's note: same as in the "Allergies" module.



Medical devices — list

Blood type module:

Main screen:

Current blood type: the patient's blood type, one of the 8 groups. E.g.: O+.

Accredited by document: code of the lab document and the date it was recorded.

History: if the patient has more than one record, the previous ones appear here.

The blood type is set or corrected only with a lab document.

Add screen. It opens by tapping "Add accredited blood type."

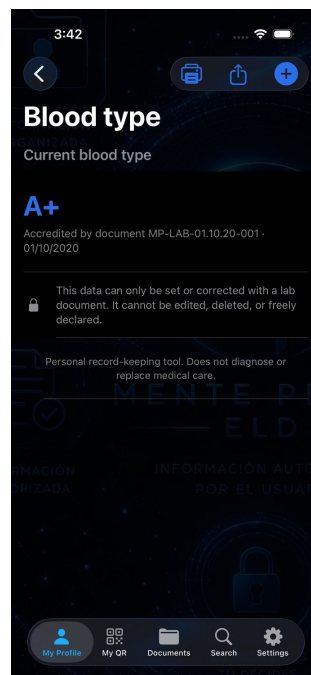
Source document (required): "Link lab document" button. The record is saved once the document is linked.

Value: blood type selector.

Document date: date of the lab test.

Notes (optional): additional observations.

Cancel and Save buttons.



Blood type

Medications module:

Main screen:

Filter: All, Active, Discontinued.

Search: lets you find a medication by its name.

Medication: name of the medication. The list is presented in alphabetical order (A–Z) so any medication can be located immediately during a visit or an emergency.

Status: Active or Disc. (discontinued).

Dose: e.g.: 500 mg.

Auxiliary screen. It opens by tapping (>) on the medication.

The title is the name of the medication with its status (Active or Discontinued).

Used to treat this allergy: appears when the medication is recorded in the "Allergies" module as the treatment of an allergic reaction.

Each prescription appears as its own section, with the dose as its title:

Dose: amount prescribed by the physician.

Frequency: e.g.: every 12 hours.

Prescribing physician: name of the physician who prescribed the medication.

License no.: the physician's professional registration number, when it appears on the prescription.

Pharmacy: name of the pharmacy where it was obtained.

Address: the pharmacy's address.

Phone: the pharmacy's phone.

Prescription date: date the physician issued the prescription.

Dispensing date: date the pharmacy delivered the medication.

Start date: date the patient began taking the medication.

Source document: naming code assigned by the AI. Tapping it opens the document.

Condition treated: the health condition for which the medication was prescribed. E.g.: High blood pressure.

Duration: end date, or "Ongoing treatment" when the medication has no end date.

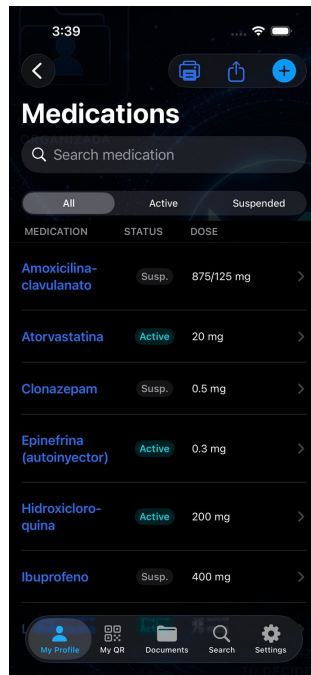
Reason for discontinuation: appears when the medication was discontinued.

Include as a critical-use medication in the emergency QR: a switch that highlights the medication as critical for whoever cares for the patient in an emergency. The (?) button explains that this mark is turned on at the direction of the health professional.

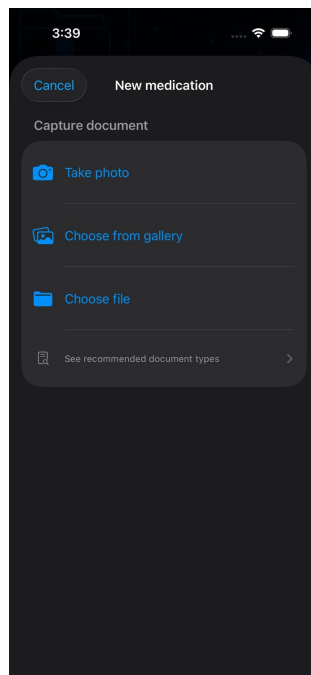
The medication is accredited by its document. To correct a data point, a new record is added with a new document.

Patient's note: same as in the "Allergies" module.

CLINICAL HISTORY



Medications — list



Medications — new record

Imported history module:

Main screen:

Import from Apple Health: brings in the health records the patient already has in the iPhone's Health app.

Import FHIR file (JSON): brings in records from a file in FHIR format, the international standard for exchanging health information used by hospitals and clinics.

During the import, progress is shown as a percentage.

Distributed: records that MentePrima organized into their corresponding module.

Unclassified: records kept here for reference.

Notice: imported information is organized by MentePrima; its verification and diagnosis are the responsibility of the health professional.

Auxiliary screen. Record detail. It opens by tapping (>) on a record.

Record:

Import date: date the record entered MentePrima.

Source: Apple Health or FHIR file.

FHIR type: type of record according to the standard. E.g.: Observation.

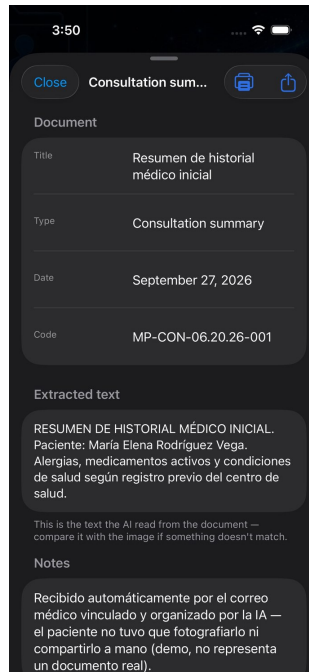
Destination module: module where the record was organized.

Status: Distributed or Unclassified.

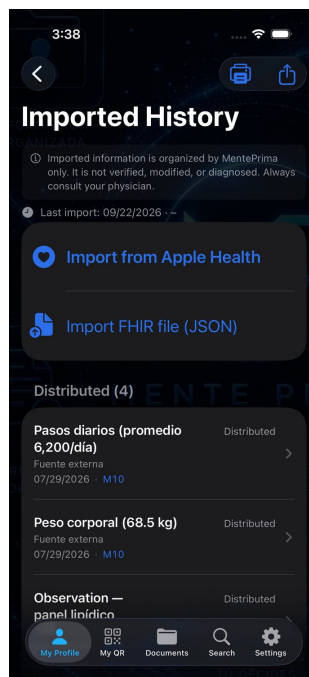
Original content: text of the record as it arrived.

Notes: space for the patient's comments.

The imported record is its own verifiable source.



Medical history summary



Imported history

Medical imaging module:

Main screen:

List of categories: X-ray, MRI, CT, PET, Ultrasound, ECG, Holter, Echocardiogram and Other. Each category shows how many studies it has.

Add study: button to record a new study.

Auxiliary screen. It opens by tapping a category.

List of studies in that category, from most recent to oldest, with body region, institution and result.

Add (category): button to record a new study in that category. E.g.: Add X-ray.

Detail screen. It opens by tapping (>) on a study.

Study:

Type: category of the study. E.g.: X-ray.

Region: body region studied. E.g.: Chest.

Date: date of the study.

Source: center that performed the study.

Source document: naming code assigned by the AI.

The study is accredited by its document. To correct a data point, a new study is added with a new document.

Ordered by:

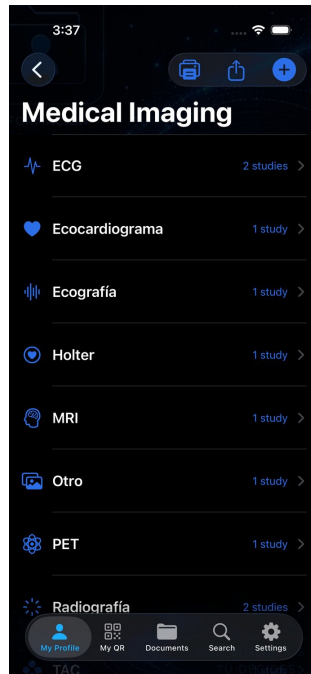
Physician: name of the physician who requested the study.

Institution: health center of the requesting physician.

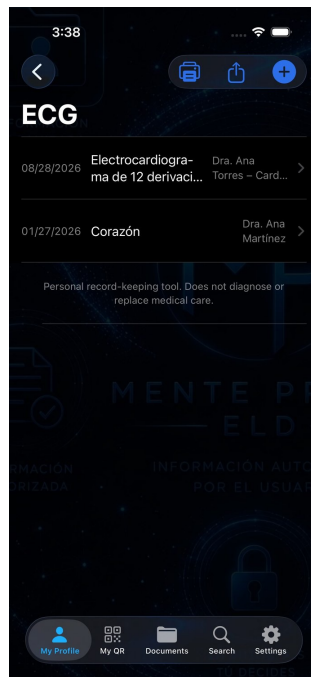
Report: text of the report as written by the specialist. Reading the image is the responsibility of the health professional.

Attached file: "View attached file" button to open the PDF or image, or "Attach PDF or image" when it does not yet have a file.

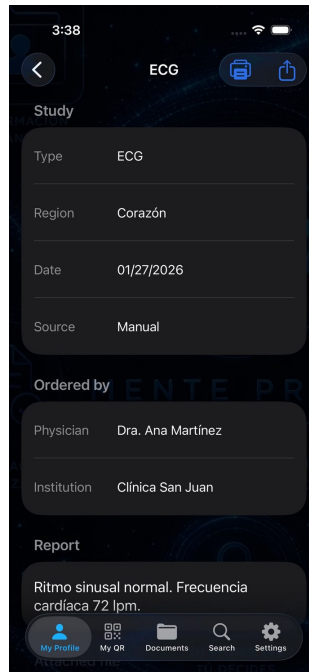
Notes: Patient's note, same as in the "Allergies" module.



Medical imaging — categories



ECG — list



ECG — study detail

Lab results module:

Main screen:

Filter by category: All, Hematology, Blood chemistry, Urine, Culture, Hormones, Other.

Search: lets you find a test by its name.

Test: name of the test. E.g.: Fasting glucose. The list is presented in alphabetical order (A–Z).

Date: date of the most recent result.

Add lab result: button to record a new result.

Auxiliary screen. It opens by tapping (>) on a test.

Shows all the measurements of that test, with date, value and reference range, so the physician can compare the evolution over time.

Add measurement: button to record a new result for that same test.

Detail screen. It opens by tapping a measurement.

Test:

Name: name of the test.

Category: e.g.: Blood chemistry.

Date: date of the result.

Source: laboratory that issued the result.

Source document: naming code assigned by the AI.

The result is accredited by its document. To correct a data point, a new result is added with a new document.

Result:

Value: result with its unit. E.g.: 105 mg/dL.

Reference range: reference values given by the laboratory. E.g.: 70 – 99 mg/dL.

Status per report: appears when the laboratory itself states it in the document.

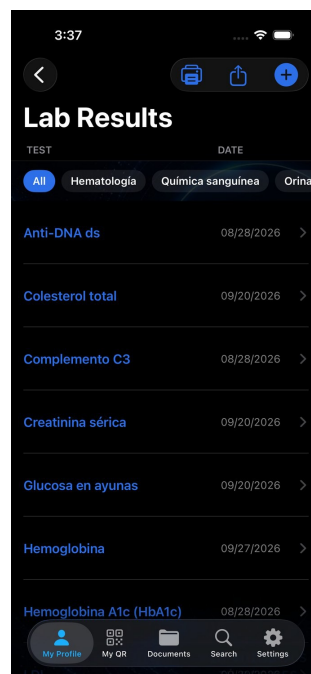
MentePrima shows the value and the range; its interpretation is the responsibility of the health professional.

Requested by:

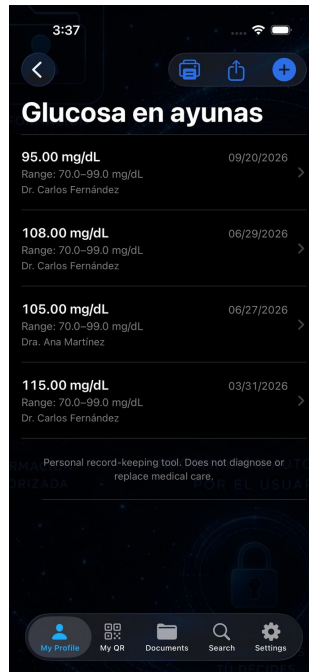
Physician: name of the physician who ordered the test.

Institution: health center of the requesting physician.

Notes: Patient's note, same as in the "Allergies" module.



Lab results — list



Lab results — detail (Fasting glucose)

Vital signs module:

Main screen:

Vital type: Blood pressure (mmHg), Heart rate (bpm), O₂ saturation (%), Temperature (°C), Glucose (mg/dL), Weight (kg), Height (cm) and Respiratory rate (breaths/min).

Latest value: the most recent measurement.

Date: date of that measurement.

Auxiliary screen. It opens by tapping (>) on a type of vital sign.

The title is the name of the vital sign. E.g.: Blood pressure.

Records: all the measurements, each with its value, unit, date and time, and the source document code.

Each measurement is accredited by its document. To correct it, a new record is added with a new document.

Patient's note: same as in the "Allergies" module.

Add screen. New vital sign.

Source document (required): "Link document" button. The vital sign is accredited with a lab document or a visit summary.

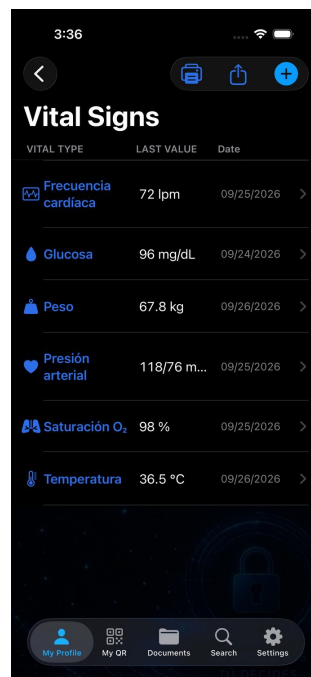
Vital sign type: type selector.

Value: e.g.: 120/80.

Date and time: moment of the measurement.

Notes (optional): additional information about this measurement.

Cancel and Save buttons.



Vital signs — list

Vaccines module:

Main screen:

Search: lets you find a vaccine by disease or manufacturer.

Vaccines are grouped by disease. E.g.: Influenza.

Manufacturers: laboratories that manufactured the doses given.

Next dose: date of the next dose, when it is recorded.

Add vaccine: button to record a new vaccine.

Auxiliary screen. It opens by tapping (>) on a disease.

List of inoculations of that vaccine, with manufacturer, lot number, who administered it and the source document.

Add inoculation: button to record a new dose of that same vaccine.

Detail screen. It opens by tapping an inoculation.

Date given: date the dose was given.

Dose number: e.g.: 2nd dose.

Lot number: the number that appears on the vaccination receipt.

Injection site: e.g.: left arm.

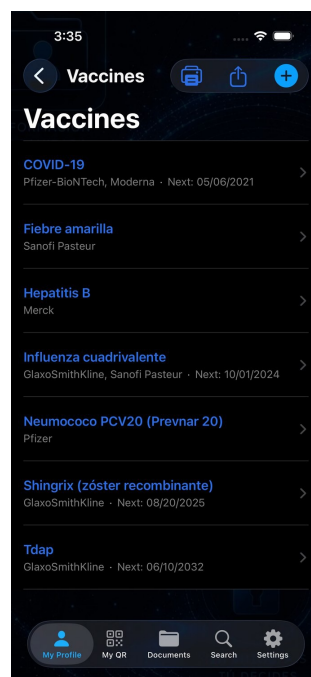
Administered by: name of the person who gave the vaccine or of the vaccination center.

Next dose recorded: a switch that, when turned on, shows the date of the next dose.

Reactions: reactions to this inoculation (optional).

Source document: naming code assigned by the AI.

Patient's note: same as in the "Allergies" module.



Vaccines — list

Travel module:

Notice screen. It appears the first time the module is opened.

It explains that the health information for each destination is for guidance only, comes from public CDC/WHO data and is complemented by consulting the physician before traveling. You continue with the "I understand and accept" button.

Main screen:

Destination: country and city of the trip.

Dates: departure and return.

Sympt.: shows Yes or No, depending on whether the patient had symptoms during the trip.

Auxiliary screen. It opens by tapping (>) on a trip.

Trip details:

Destination, Departure and Return.

Check CDC/WHO information: a button that obtains the destination's health condition, processed on the device itself.

Informational health condition: the result of that check.

Did you have symptoms during the trip?:

I had symptoms: Yes or No switch.

Symptom summary: e.g.: fever, diarrhea, dizziness.

When did the symptoms start?: start date (optional).

Description in your own words: the patient describes the symptoms as they experienced them.

Medical care:

Did a physician see you?: Yes or No, with the physician's name.

Did they prescribe anything?: Yes or No. Prescribed medications are recorded in the "Medications" module.

Trip description: any other relevant information about the trip.

Additional notes.

This module is a personal log, freely editable. Its information helps medical staff relate or rule out symptoms according to the public health situation of the places visited.

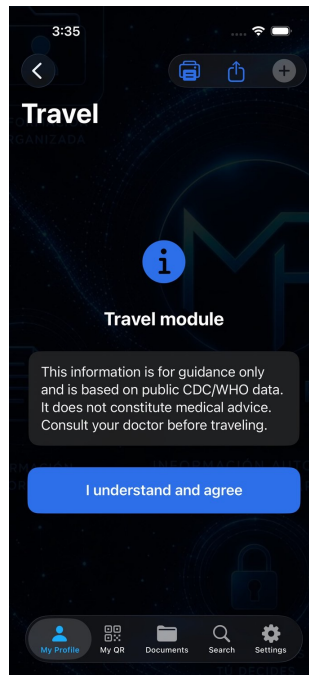
Add screen. New trip.

Destination: country (e.g.: Mexico) and city or region (optional).

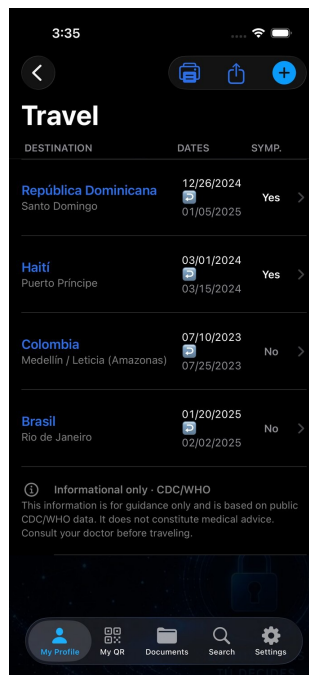
Dates: departure, and return date (optional).

Cancel and Save buttons.

MEDICAL CONTACTS



Travel — prior consent



Travel — list

Emergency contacts module:

Main screen:

List of contacts with name, relationship and phone. The main contact is identified.

Add emergency contact: button to record a new contact.

Mark as main: defines whom to call first.

Add screen. New contact.

Contact:

Full name.

Relationship: e.g.: Mother, Husband, Son.

Phones:

Main: phone number.

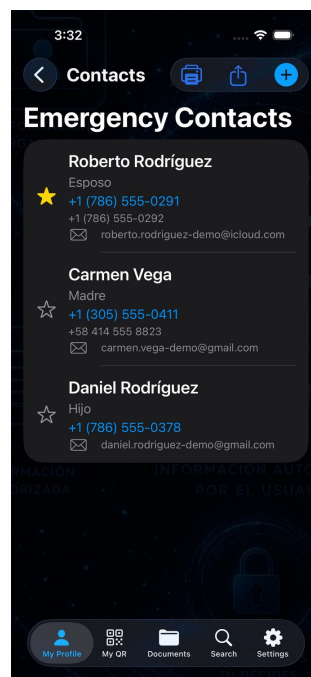
Alternate: optional.

Email: optional.

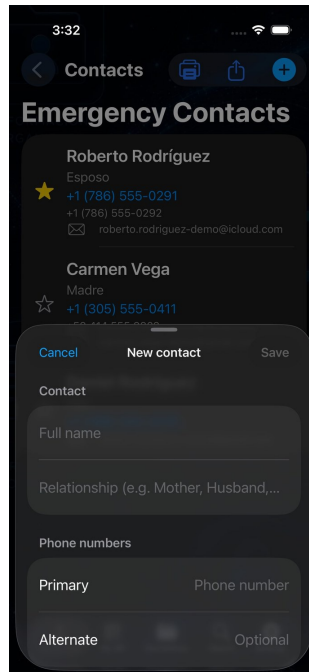
Mark as main contact: switch.

Cancel and Save buttons.

This data is declared directly by the patient, without a supporting document.



Emergency contacts — list



New emergency contact

Emergency module:

Main screen. It has two sections: Important information and ICE Contacts.

Important information section:

Preferred hospital: name, phone and email of the hospital the patient prefers to be taken to.

Emergency note: important information for emergency staff.

Religious beliefs and personal decisions (optional): e.g.: I do not accept blood transfusions. It is edited in My Profile → Personal data. If the patient turns on the corresponding switch in Settings, it appears in the emergency QR, immediately visible to medical staff.

Hearing disability: the "Turn on hearing disability alert" switch. It turns on automatically when the patient has it recorded in the "Disabilities" module, and it can also be turned on here manually.

Visual disability: works the same way.

Speech difficulty: works the same way. It may be temporary or undiagnosed.

Each alert has two buttons: "View emergency screen" and "View alert screen."

Save: confirms the emergency settings.

Alert screens. They open full screen and are visible without unlocking the phone:

HEARING DISABILITY — PLEASE WRITE.

VISUAL DISABILITY — PLEASE SPEAK TO ME.

SPEECH DIFFICULTY — PLEASE BE PATIENT.

These alerts tell whoever cares for the patient how to communicate with them from the very first moment.

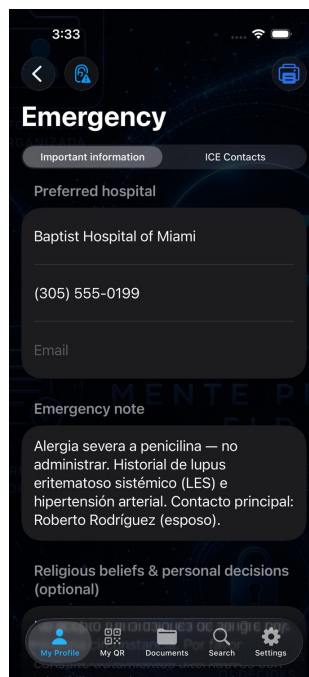
Emergency information screen. It opens with "View emergency screen."

It summarizes in a single view: active alerts, preferred hospital, emergency note, beliefs and personal decisions, and ICE contacts.

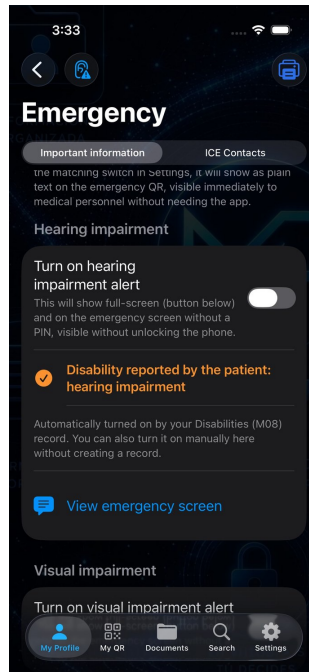
ICE Contacts section ("In Case of Emergency"):

List of contacts with search, identifying the main contact.

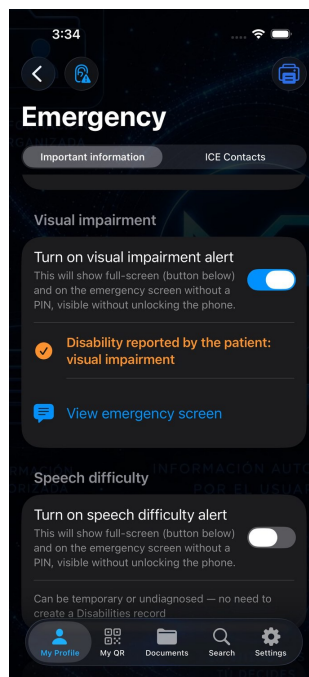
Add ICE contact: full name, relationship (e.g.: Wife, Mother), main phone, alternate phone (optional), email (optional) and the "Main contact" switch.



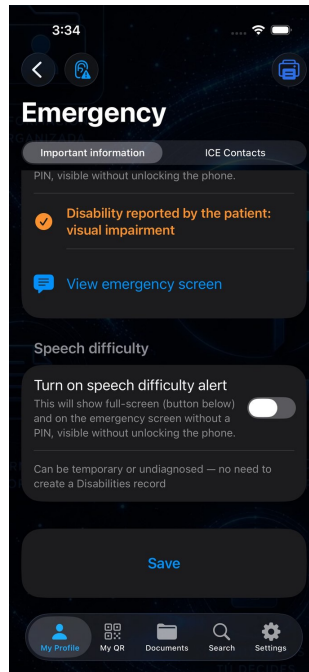
Emergency — "Important information"



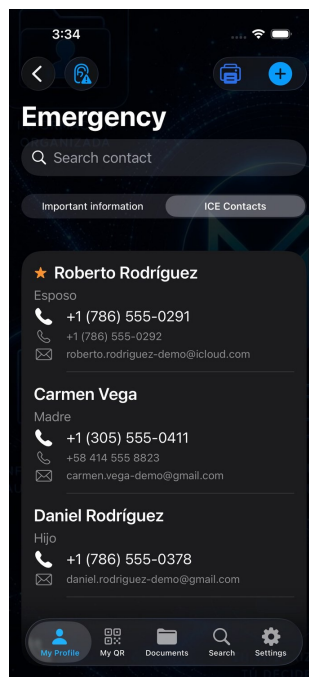
Hearing disability alert



Visual disability alert



Speech difficulty alert, and saving



Emergency — "ICE Contacts" tab

Usual pharmacy module:

Main screen:

List of pharmacies with name, address, phone, email and fax.

Add pharmacy: button to record a pharmacy.

Auxiliary screen. It opens by tapping (>) on a pharmacy.

Pharmacy details: name, address, phone, email, fax and source document.

Edit: the pharmacy details can be changed whenever the patient wishes.

Add or edit screen. New pharmacy.

Supporting document (optional): "Link document" button. E.g.: a prescription from that pharmacy.

Name: name of the pharmacy.

Address: street, city, state.

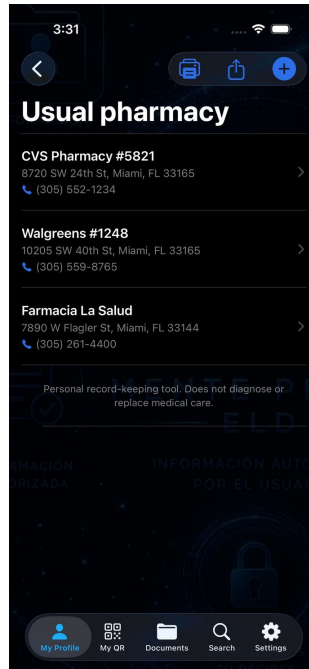
Phone: e.g.: (305) 555-0100.

Email: optional.

Fax: optional.

Cancel and Save buttons.

The usual pharmacy lets the health professional send new prescriptions directly.



Usual pharmacy

Physicians module:

Main screen:

Physician: name of the physician. The primary physician is identified.

Specialty: e.g.: Cardiology.

Institution: health center where they practice.

Phone.

Auxiliary screen. It opens by tapping (>) on a physician.

The title is the physician's name.

Contact information:

Specialty.

Institution.

Phone: tapping it calls directly.

Email: tapping it opens a new email.

Fax.

The physician is accredited by their document. To correct a data point, a new record is added with a new document.

Request an appointment:

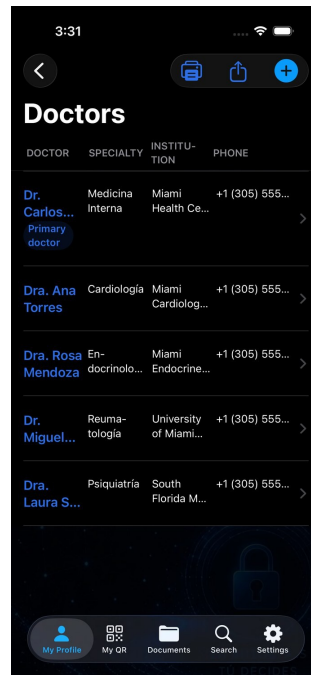
Record appointment request: the patient records a voice message with their request.

Write or dictate request: the patient writes or dictates the reason for the appointment.

You can use the recording, the text or both. Before sending, the request is read aloud to confirm it.

Send appointment by email: sends the request to the physician's email. The result is recorded in the "Sending history" module: Sent, Saved as draft or Canceled.

PRIVACY AND ACCESS



Physicians — list

Companions module:

Main screen:

List of linked caregivers, each with their status: Active or Deactivated.

Invite caregiver: opens the linking process with a new caregiver, the same as with the health professional.

Invite caregiver screen:

1. Scan the caregiver's introduction QR: the caregiver opens MentePrima Acompañante on the "Link patient" tab and shows their QR. The patient taps "Scan caregiver's QR" and reads it with the camera.

2. Your access code: when the QR is read, "Access authorized for (caregiver's name · document)" appears immediately, together with the access code and its 25-minute countdown. The caregiver scans it to complete the link. If the code expires, the caregiver's QR is scanned again.

When the QR is scanned, the caregiver is recorded in Companions with their name, document, mobile number and whom they care for, and the access is noted in the Access history. When the caregiver completes the link, their app confirms it automatically.

The access code is for the exclusive use of the scanned caregiver: MentePrima Acompañante verifies that the document matches before accepting the link.

Revoke all access: immediately removes access for all caregivers. The patient can generate a new code whenever they wish.

Succession request: appears when a caregiver asks to introduce their replacement. It shows the name of the declared replacement and is confirmed with Face ID or the device passcode.

Auxiliary screen. Companion detail. It opens by tapping (>) on a caregiver.

Companion detail:

Name.

Relationship / shift: e.g.: Husband, night shift.

Status: Active or Deactivated.

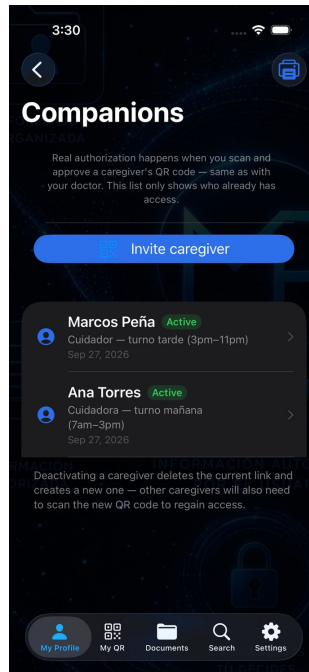
Linked since: date of the link.

Deactivated on: appears when access was deactivated.

Accredited identity: the caregiver's document type, number, date of birth, gender and address.

Contact: the caregiver's email and mobile phone.

Deactivate access: once confirmed, the caregiver immediately stops seeing the history. The other active caregivers scan the new QR again to regain their access.



Companions — list

QR Control module (My QR):

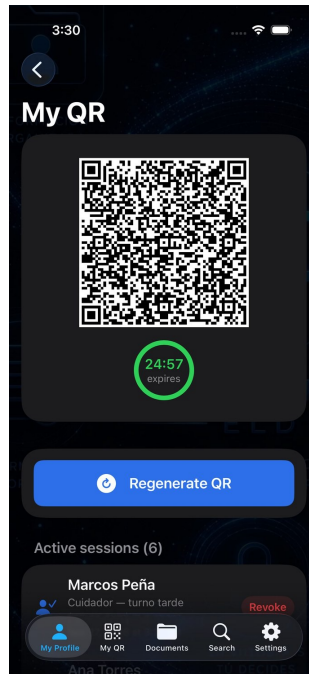
Main screen:

Encrypted QR code: the code the patient shows their physician. It can only be read by MentePrima Profesional de Salud.

Expires: remaining validity time of the code.

Generate QR / Regenerate QR: creates a new code.

Active sessions: list of professionals with current access at this moment, each with the "Revoke" button to remove their access.



QR Control — active code

Access history module:

Main screen:

Filter: All, Visit, Emergency, Companion.

Counters: Total, Visits, Emergencies and Companions.

Search: lets you find a professional by their name.

Each row shows the access, the date and the professional's specialty, with its status: Revoked, Expired or Companion.

Auxiliary screen. Detail. It opens by tapping (>) on an access.

Professional: name and specialty.

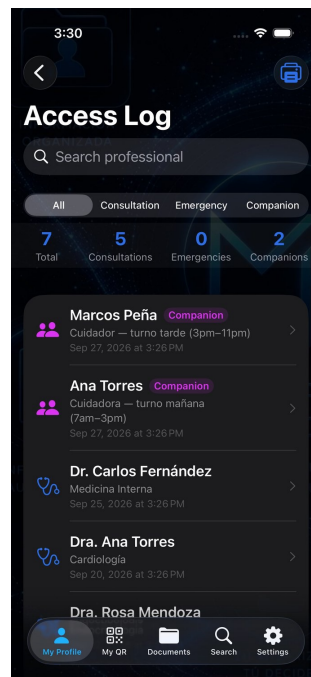
Access:

Date: date and time of the access.

Event: e.g.: Access granted — Visit; Access revoked by the patient; Session expired; Access granted — Linked companion; The caregiver accepted an AI extraction; A caregiver withdrew and introduced their replacement.

Session UUID: unique identifier of the session.

This record is informational: it keeps the professional's data exactly as it appears in their QR. Each access is recorded permanently.



Access history

Sending history module:

Main screen:

Search: lets you find a sending by module or context.

Each row shows:

Module: module from which it was sent. E.g.: Medications.

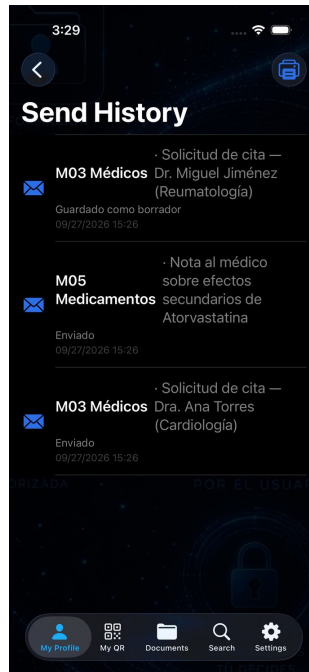
Context: the record it refers to. E.g.: Losartan.

Result: Sent, Saved as draft or Canceled.

Date and time of sending.

All the patient's notes and appointment requests sent by email from any module are recorded here permanently.

Patient's note: same as in the "Allergies" module.



Sending history

MentePrima Paciente on the Mac:

MentePrima Paciente also works on the Mac, with the same App Store download and the same Apple Account. The modules and functions are the same as on the iPhone, in a window adapted to the computer.

Syncing with iCloud: with the same Apple Account, the history, documents and family profiles stay the same on the iPhone, iPad and Mac. What is added on one device appears on the others within one or two minutes.

The data travels through the patient's private iCloud; documents travel encrypted. MentePrima has no servers and no access to that information.

It can be turned off in Settings → "Sync with iCloud." The change applies the next time the app opens; turning it off stops syncing that device and does not erase anything.

Documents: on the Mac they are added from Files or Photos, one or several at a time, also with "Upload prior history." The camera for photographing documents and "Scan several pages" are used on the iPhone.

QR code: to scan the professional's or caregiver's QR, the Mac's camera is used; hold the code in front of it.

Apple Health and Apple Watch: importing from Apple Health and the watch app work with the iPhone.

MentePrima Paciente on the Apple Watch:

MentePrima Paciente includes an Apple Watch app at no additional cost. It is installed together with the iPhone app; if it does not appear on the watch, open the Watch app on the iPhone and tap Install next to MentePrima.

It is read-only and does not ask for a PIN: in an emergency, the wrist is the first thing someone sees.

Syncing: the iPhone sends the data to the watch every time MentePrima Paciente opens or the data changes, directly between the two devices, without going through servers. If the watch has no data yet, it shows "Open MentePrima on your iPhone."

Screens (swipe sideways to move from one to another):

Emergency: the emergency QR code, the name, the blood type and the "Call 911" button. The QR reaches the watch after the emergency screen has been opened at least once on the iPhone.

Allergies: name and severity of each allergy.

Medications: the current medications with their dose.

Contacts: the emergency contact with their relationship and phone, and the alternate phone if they have one. Tapping the number calls directly.

Watch face complication: MentePrima can be added to the watch face, in circular or rectangular form. Tapping it opens the Emergency screen directly.

Pinned mode: when 911 is called from MentePrima Paciente, the emergency screen is pinned for 1 hour, and the watch shows "Pinned for 1 hour."

MentePrima Profesional

MentePrima Profesional is the health professional's app. With the patient's authorization, the professional consults the patient's complete history on their own device, organized in the same 25 modules, in read mode.

Getting started: from the App Store to the main panel

Step 1. Download the app:

Open the App Store on the iPhone, iPad or Mac.

Tap Search and type: MentePrima Profesional.

Tap Get and confirm the download with Face ID, Touch ID or the Apple Account password.

When the download finishes, tap the MentePrima Profesional icon to open the app.

Step 2. Welcome tutorial:

The first time the app opens, a four-page tutorial appears. Move forward with the Next button.

Screen 1. Welcome:

Title: MentePrima Profesional.

Message: Secure access to your patients' information, with their consent.

Screen 2. Your QR code:

Message: Generate your QR with your name, specialty and institution. The patient scans it to verify your identity.

The QR contains your professional information.

Valid for 25 minutes, then it expires.

Cryptographically signed on your device.

Screen 3. Receive the information:

Message: After the patient scans your QR and authorizes it, you receive their basic health information.

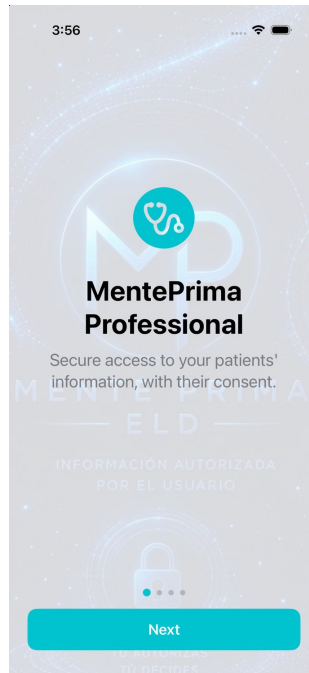
Only with the patient's explicit authorization.

Encrypted data, stored on the device.

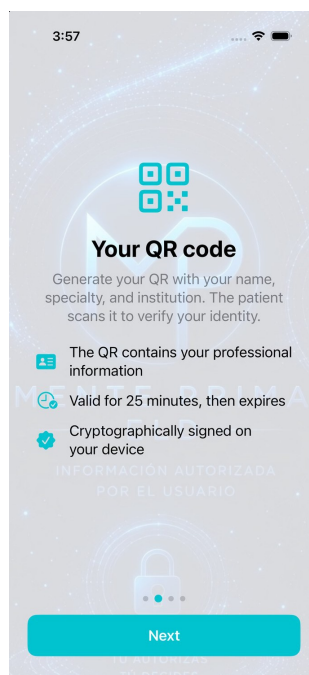
Complete history of sessions.

Screen 4. Legal notice:

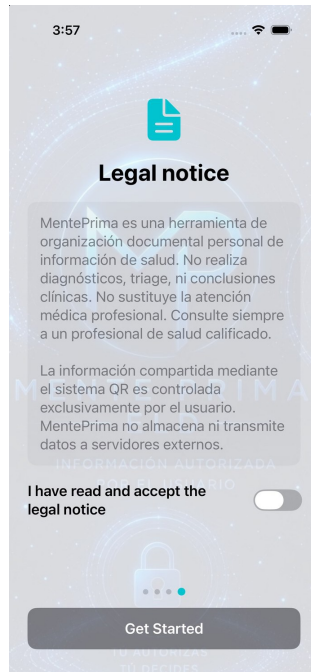
Shows the full text of the legal notice. To continue, the professional checks the box "I have read and accept the legal notice" and taps Start. This step is required and is done only once. The legal notice, with its acceptance date, remains available afterwards in Settings → Legal.



Welcome — professional access



Welcome — how the QR code works



Legal notice

Step 3. Cover screen:

Cover screen:

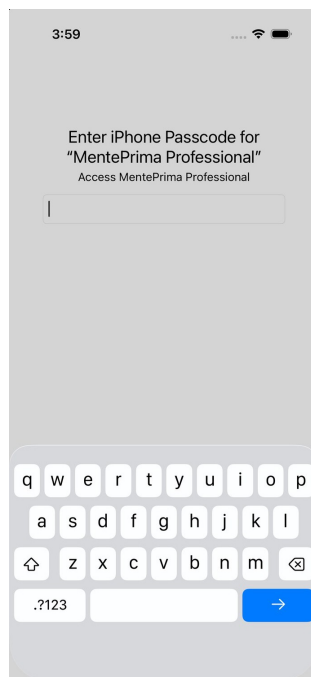
Greeting: Good morning, Good afternoon or Good evening, depending on the time of day, together with the professional's name once it has been recorded.

Title: MentePrima Profesional.

ENTER: button to go in. It is confirmed with Face ID, Touch ID or the device passcode.



Cover screen



Passcode

Step 4. Free trial and subscription:

MentePrima Profesional offers a 15-day free trial. When the trial ends, the subscription screen appears, with the list of benefits and the button to subscribe with the Apple

Account. The subscription can be reviewed at any time from Settings → View subscription.

Step 5. Main panel:

When you enter, the main panel opens. The tabs appear at the bottom of the screen:

My Profile: the professional's identity and credentials. It is the tab that opens first.

My QR: the professional's identification QR and the scanner for the patient's access code.

Notes: the observations the professional writes within each patient's modules.

Active session: appears only while there is an open session with a patient.

Records: the list of patients seen and the access log.

Settings: the professional's details, language, accessibility, help, legal notice and subscription.

Step 6. First step: accredit the professional identity:

Before seeing the first patient, the professional accredits their identity in My Profile with a photo of their professional ID card or license. That data is used to generate their identification QR. The details are described in the "My Profile" module below.

MentePrima Profesional — App screens

My Profile module:

Main screen:

Photo of the professional ID card or license.

Update with ID card or license: a button that opens the camera to photograph the document.

Professional information:

Name: the professional's full name.

Position: e.g.: Attending physician.

Specialty: e.g.: Cardiology.

Institution: health center where they work.

License / ID number: professional registration number.

Country of practice: country where they practice the profession.

This data is accredited by reading the professional ID card or license with AI, so that each professional is identified by their real document.

Phone: optional, editable.

Medical-use email (Apple private): optional, editable.

To generate the QR, the name, position, specialty and country of practice are completed.

Edit and Save buttons for the contact details.

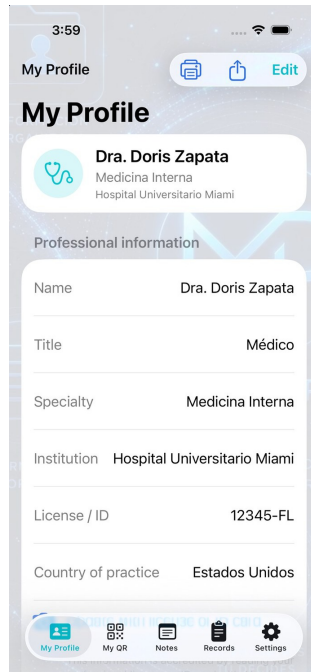
Professional identity screen. It opens by tapping "Update with ID card or license."

The camera photographs the ID card or license. While the AI reads the document, the message "Reading the document..." appears.

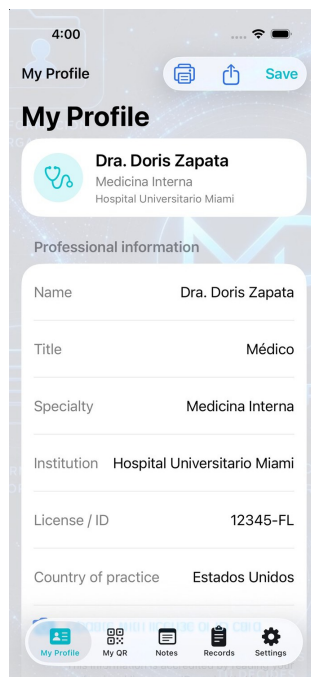
Data read from the document: name, position, specialty, institution, license / ID number and country of practice.

Accept and save: confirms the data.

Discard and retry: lets you take a new photo, for example a clearer one.



My Profile



My Profile — edit

My QR module:

Main screen:

1. Your identification QR: the code with the professional's name, specialty and institution. It shows how long the code is valid.

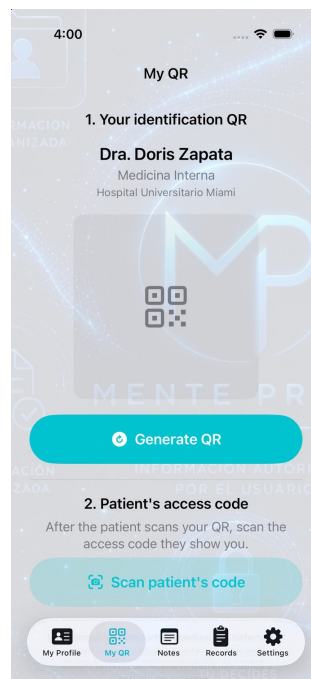
Generate QR / Renew QR: creates a new code.

2. Patient's access code: after the patient scans the professional's QR, their app shows an access code.

Scan patient's code: opens the camera to read that code. When it is read, the message "Opening the patient's record..." appears and the session opens.

When the profile is incomplete, the screen shows the data missing to generate the QR.

On a Mac, scanning uses the Mac's camera: hold the QR code in front of it.



My QR — generate



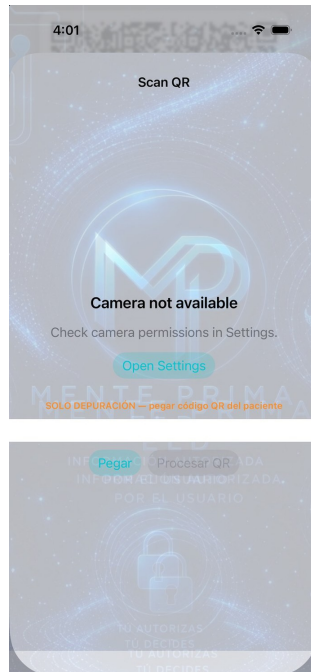
My QR — generated

Active session module:

Main screen:

It appears while there is an open session with a patient and shows their record.

End session: ends the session with the patient, after a confirmation.



New session — scan the patient

Records module:

Main screen:

Selector: Sessions or Access.

Search: lets you find a session by the patient's name.

Sessions: one row per patient seen, with the date, the session's duration and the pin icon when applicable.

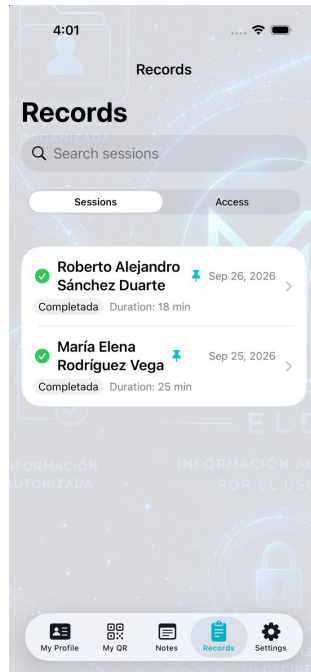
Access: the log of each QR scan, with date and time.

Auxiliary screen. Patient. It opens by tapping (>) on a session.

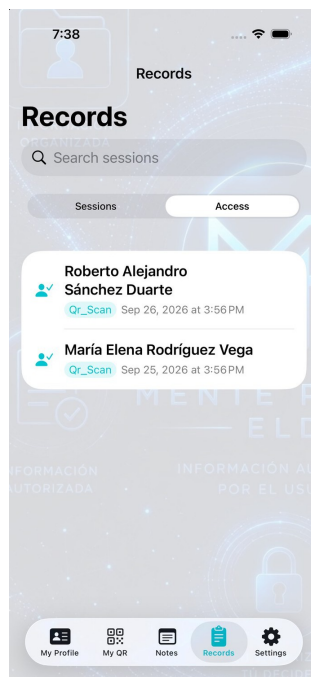
Pinned: switch. When on, the patient stays on the device until the professional unpins them. When off, the patient is kept for 7 days from that moment.

Expires: the date the patient leaves the device when not pinned.

Below appears the patient's consolidated record, described next.



Records — saved sessions



Access — log of QR scans

Patient's consolidated record module:

Main screen:

A quick-reading summary, designed for the first moments of the visit:

Identification: name and blood type.

Allergies, Conditions, Medications, Devices and Surgeries, as labels for immediate reading.

Emergency contact: name, relationship, phone and email.

Primary physician: name, specialty, phone and email.

Complete clinical history:

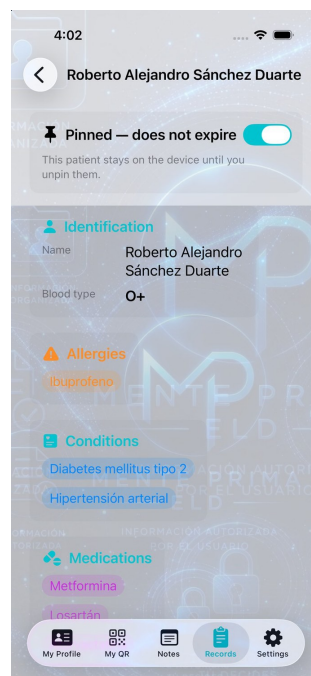
Search the history: searches the patient's entire history at once — allergies, medications, documents and more.

Code glossary: explains the MP-[MODULE]-[MM.DD.YY]-[###] format of each accredited document and the meaning of each prefix. The code reflects the document that served as the source.

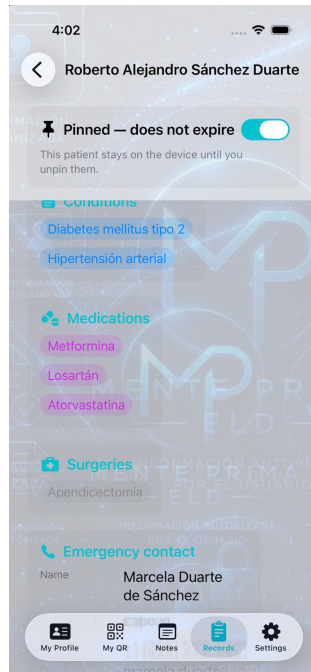
Ask by voice: the professional asks out loud, for example "What allergies does the patient have?", and the app answers with the data from the corresponding module.

List of the patient's 25 modules, in alphabetical order, described below.

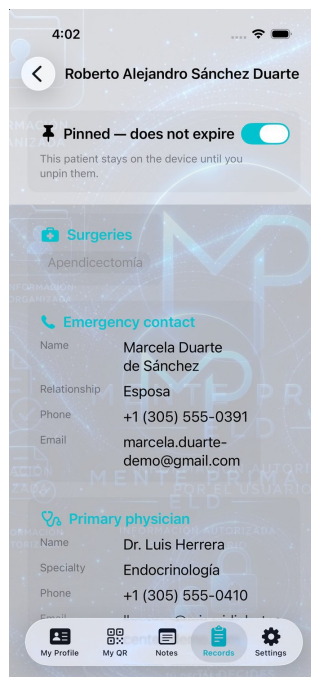
Share document: lets you send a document to the patient, described at the end of this section.



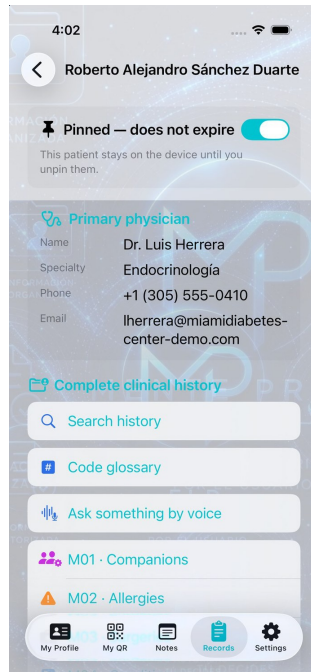
Identification and pin option



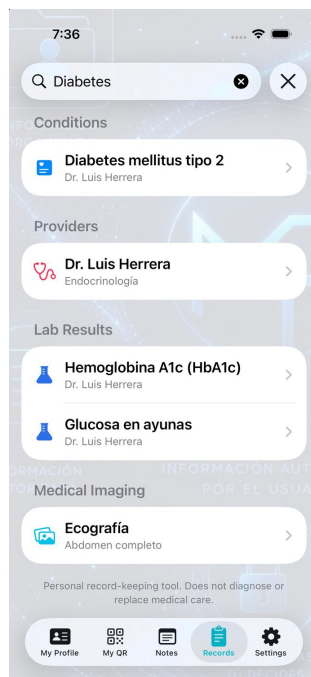
Medications and surgeries, as chips



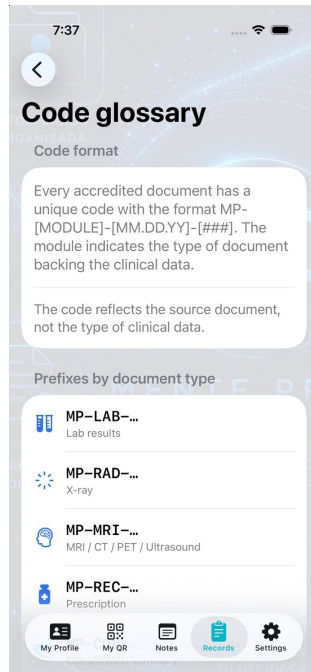
Emergency contact and primary physician



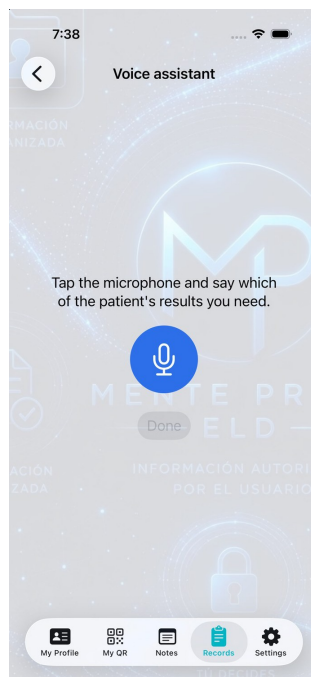
Complete clinical history — tools



Search the history



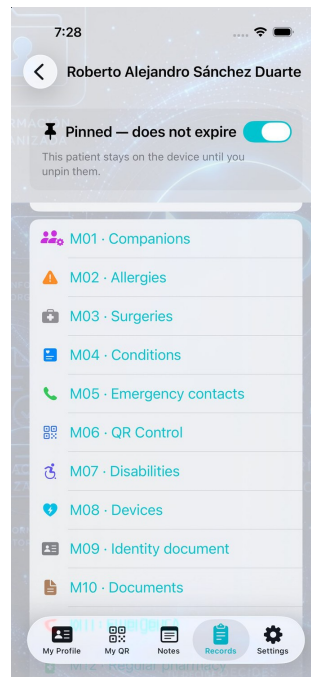
Glossary of terms and accreditation codes



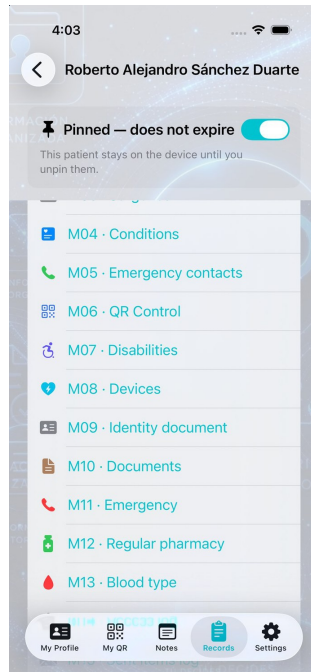
Ask by voice — voice assistant

MentePrima Profesional — The patient's 25 modules

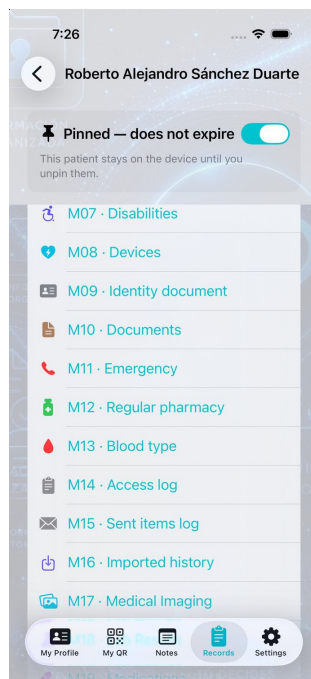
All modules are consulted in read mode. The print and share functions appear at the top of each module, next to the Notes icon, where the professional adds their observations.



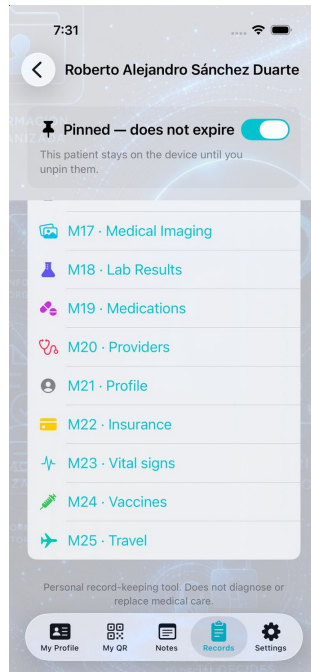
Directory of the 25 modules — M01 to M09



Directory of the 25 modules — M05 to M14



Directory of the 25 modules — M12 to M22



Directory of the 25 modules — M17 to M25

Module M01 · Companions:

Main screen:

List of caregivers linked to the patient, each with their status (Active or Deactivated) and the linking date.



M01 · Companions

Module M02 · Allergies:

Main screen:

Allergy: name of the allergen. E.g.: Penicillin.

Severity: Mild, moderate or severe.

Episode: date of the episode.

Auxiliary screen. It opens by tapping (>) on an allergy.

Each episode appears as its own section (Episode 1, Episode 2...):

Severity.

Source document: naming code assigned by the AI.

Date of the episode.

Specific allergen: e.g.: Grass pollen (Poaceae spp.).

Medication to treat: medication prescribed for the reaction.

Treatment received.

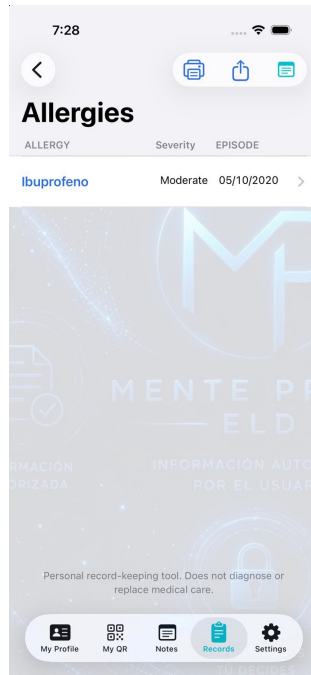
Examining physician and license no.

Date of medical care.

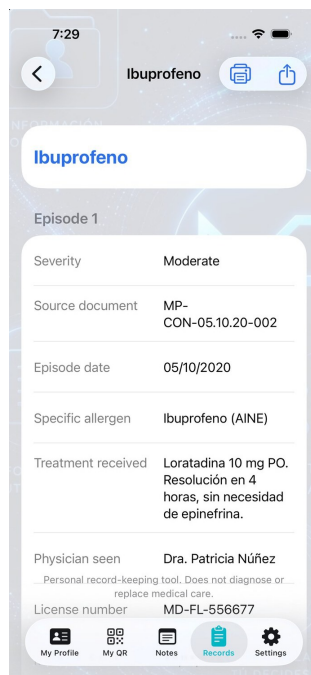
Place of the episode.

Described reaction.

Patient's note: the note the patient wrote or dictated in their app, in read mode.



M02 · Allergies — list



M02 · Allergies — episode with ibuprofen

Module M03 · Previous surgeries:

Main screen:

Surgery: name of the procedure.

Year: year of the procedure.

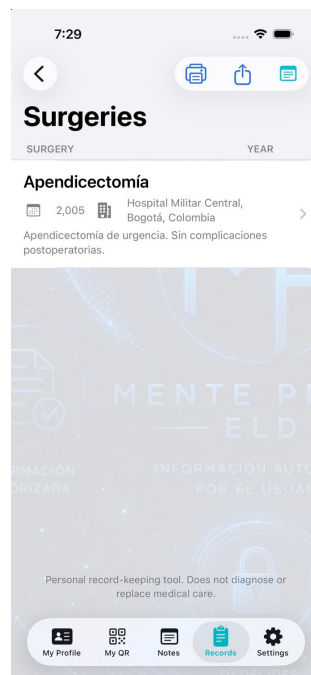
Auxiliary screen. It opens by tapping (>) on a surgery.

Procedure data: year of surgery, exact date, hospital / clinic, physician who performed it, type of anesthesia, reason / indication and source document.

Recovery: days of hospitalization, implants or material placed, and complications.

Restrictions: current restrictions.

Patient's note: the note the patient wrote or dictated in their app, in read mode.



M03 · Previous surgeries

Module M04 · Medical conditions:

Main screen:

Condition: e.g.: Type 2 diabetes mellitus.

Year: year it was identified.

Treat.: indicates whether it is under treatment.

Family history: Family member / Condition and Documented (Yes, or self-declared).

Auxiliary screen. It opens by tapping (>) on a condition.

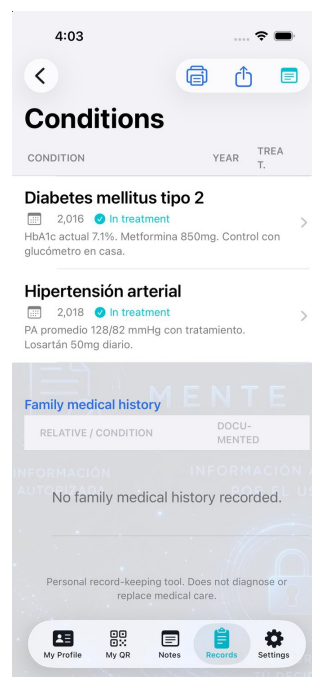
Detail: year identified, date they were informed, under treatment (Yes or No), treatment start, follow-up frequency, reporting physician, license no., institution and source document.

Patient's note: the note the patient wrote or dictated in their app, in read mode.

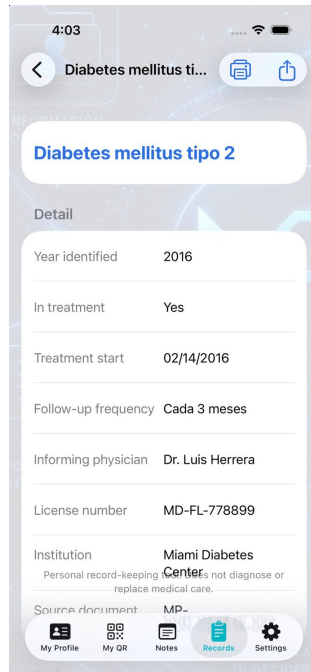
Auxiliary screen. It opens by tapping (>) on a family history entry.

Detail: age at diagnosis, deceased (Yes or No), age at death, cause of death, documented (Yes, or self-declared) and source document.

Patient's note: the note the patient wrote or dictated in their app, in read mode.



M04 · Medical conditions — list

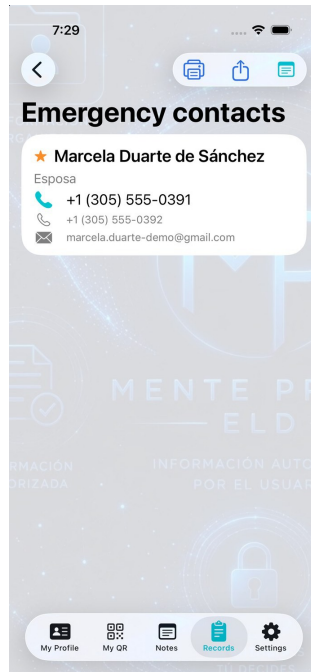


M04 · Medical conditions — Diabetes detail

Module M05 · Emergency contacts:

Main screen:

List of contacts with name, relationship, phone, alternate phone and email. The main contact is identified.

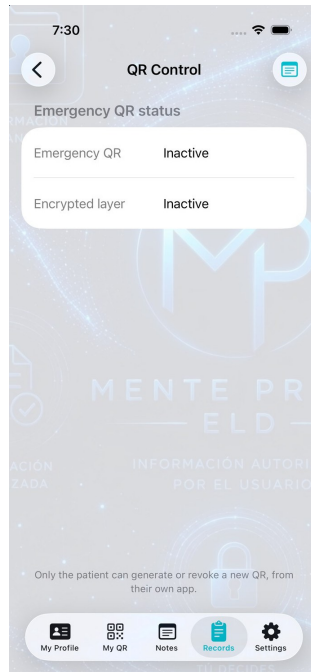


M05 · Emergency contacts

Module M06 · QR Control:

Main screen:

Emergency QR status: Emergency QR (Active or Inactive) and Encrypted layer (Active or Inactive).



M06 · QR Control

Module M07 · Disabilities:

Main screen:

Type / Description: e.g.: hearing.

Diag. date: diagnosis date.

Documented: Yes, or self-declared.

Comments.

Auxiliary screen. It opens by tapping (>) on a disability.

Detail: level, diagnosis date, show on emergency screen (Yes or No), documented and source document.

Patient's note: the note the patient wrote or dictated in their app, in read mode.



M07 · Disabilities

Module M08 · Medical devices:

Main screen:

Device: e.g.: Pacemaker.

Date: date of implantation.

Auxiliary screen. It opens by tapping (>) on a device.

Detail: brand and model, serial number, responsible physician, institution, implantation date, implantation year, next check, MRI compatibility and source document.

Patient's note: the note the patient wrote or dictated in their app, in read mode.

Module M09 · Identity document:

Main screen:

Current document: document type, number, expiration date, and the source document code with its date.

History: previous identity documents, each with number, source document and notes.

Module M10 · Documents:

Main screen:

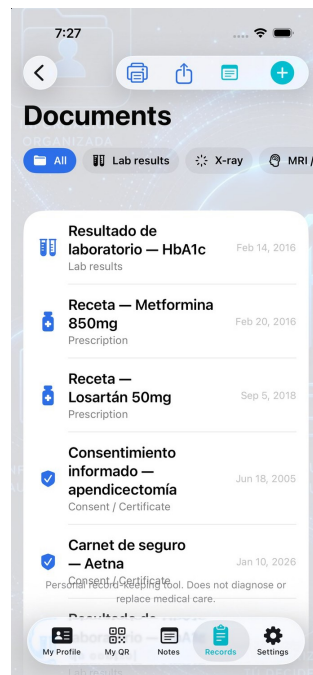
The patient's general document archive: every receipt, prescription, result or report that supports a clinical data point.

Documents the patient uploaded as previous history appear in the "Prior history" category, with the code MP-HIS.

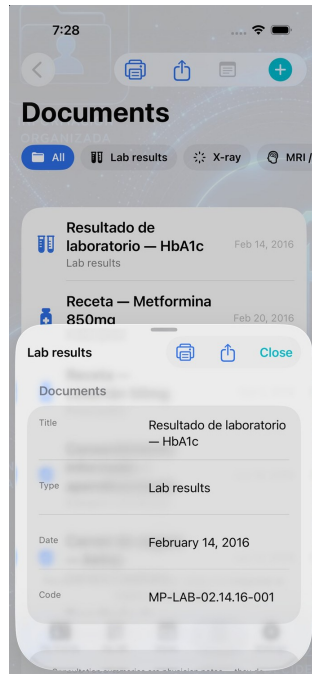
Auxiliary screen. Document. It opens by tapping (>) on a document.

File: the original document, exactly as it was photographed or uploaded.

Patient's note: the note the patient wrote or dictated in their app, in read mode.



M10 · Documents — list



M10 · Documents — document viewer

Module M11 · Emergency:

Main screen:

Preferred hospital: name, phone and email.

Disability alerts: hearing disability, visual disability and speech difficulty, when they are active.

Emergency note: important information for emergency staff.

Emergency contacts: list of contacts, with the main contact identified.



M11 · Emergency

Module M12 · Usual pharmacy:

Main screen:

Name, address, phone, email and fax of the patient's preferred pharmacy, useful for sending new prescriptions directly.

Module M13 · Blood type:

Main screen:

Current type: the patient's blood type, with the lab document code and its date.

History: previous records, with source document and notes.

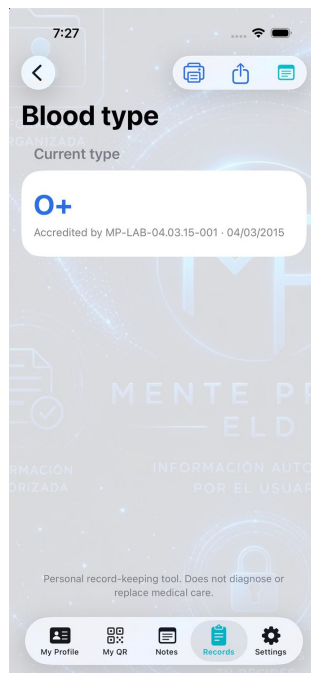


M13 · Blood type

Module M14 · Access history:

Main screen:

A permanent record of who accessed the patient's history and when.



M14 · Access history

Module M15 · Sending history:

Main screen:

A permanent record of the documents the professional has sent to the patient — prescription, referral, visit summary — and their date.

Module M16 · Imported history:

Main screen:

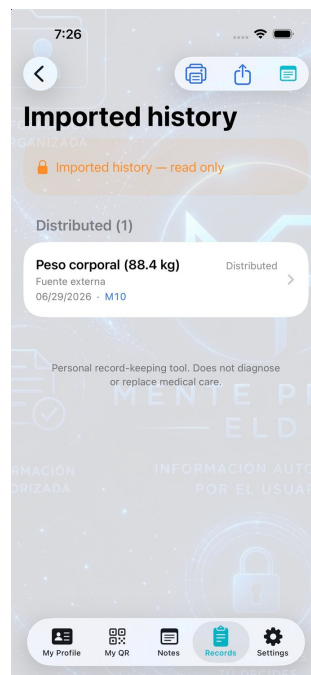
Records the patient brought in from Apple Health or FHIR files: Distributed (organized into their module) and Unclassified.

Auxiliary screen. Record detail. It opens by tapping (>) on a record.

Record: date, source, FHIR type, module, original institution and status.

Summary: content of the record.

Read-only access: the record is kept exactly as the patient imported it.



M16 · Imported history

Module M17 · Medical imaging:

Main screen:

List of categories: X-ray, MRI, CT, PET, Ultrasound, ECG, Holter, Echocardiogram and Other.

Auxiliary screen. It opens by tapping a category.

List of studies in that category, with their report and an indication of any attached file.

Detail screen. It opens by tapping (>) on a study.

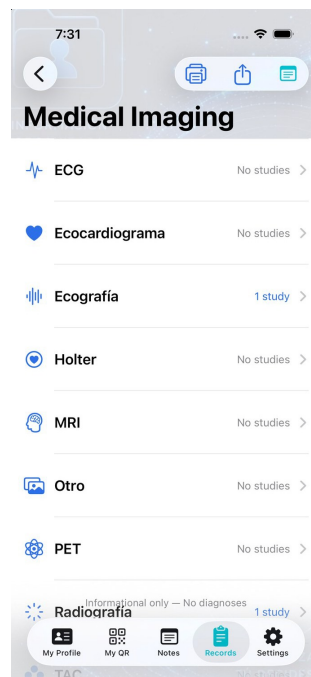
Study: type, region, date, source and source document.

Ordered by: physician and institution.

Report: text of the report as written by the specialist.

Attached file: the PDF or image of the study, when the patient has it in their record.

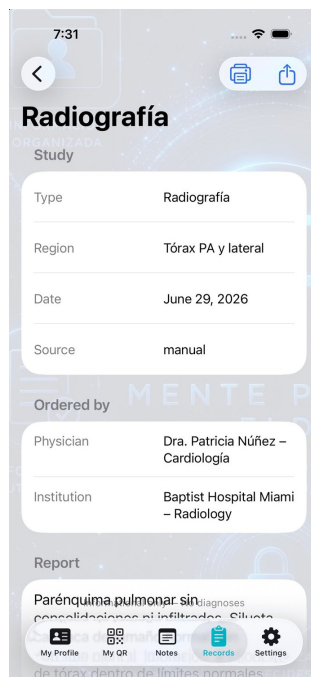
Patient's note: the note the patient wrote or dictated in their app, in read mode.



M17 · Medical imaging — categories



M17 · Medical imaging — X-ray, one study



M17 · Medical imaging — complete report

Module M18 · Lab results:

Main screen:

Table: By date or By test.

Period: 1 year, 2 years or 5 years.

Test and Date, with the value and its reference range.

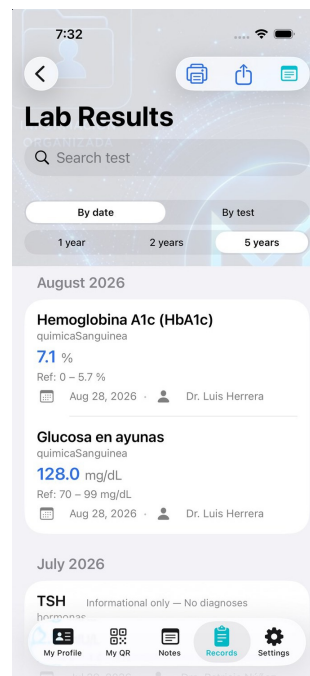
Print and share: generate a PDF with the results.

Detail screen. It opens by tapping (>) on a result.

Value, reference range, status per report, physician, institution, source and source document.

MentePrima shows the value and the range; its interpretation is the responsibility of the health professional.

Patient's note: the note the patient wrote or dictated in their app, in read mode.



M18 · Lab results

Module M19 · Medications:

Main screen:

Filter: All, Active, Discontinued.

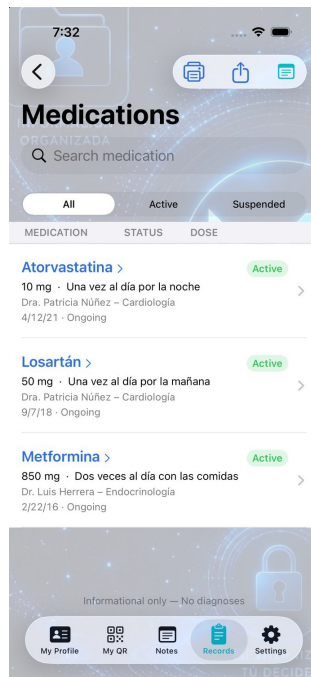
Medication, Status and Dose, in alphabetical order (A–Z).

Auxiliary screen. It opens by tapping (>) on a medication.

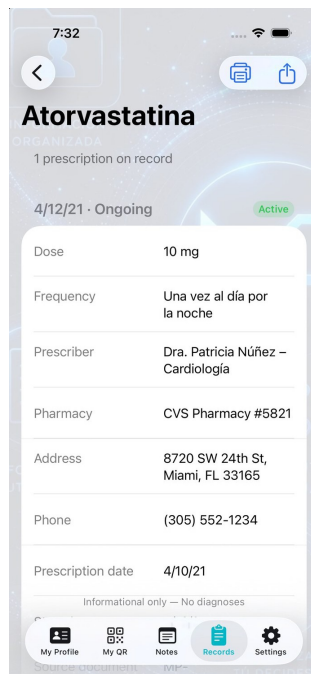
Dose, frequency, prescriber, pharmacy, address, phone, prescription date, dispensing date, start date, source document and reason for discontinuation, when applicable.

Viewing the original prescription lets the professional confirm the exact dose.

Patient's note: the note the patient wrote or dictated in their app, in read mode.



M19 · Medications — list



M19 · Medications — complete Atorvastatin prescription

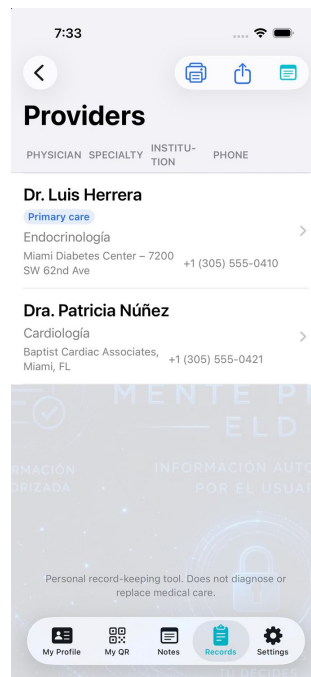
Module M20 · Physicians:

Main screen:

Physician, Specialty, Institution and Phone. The primary physician is identified.

Auxiliary screen. It opens by tapping (>) on a physician.

Contact information: specialty, institution, phone and email (tapping them calls or opens an email), fax and source document.



M20 · Physicians

Module M21 · Profile:

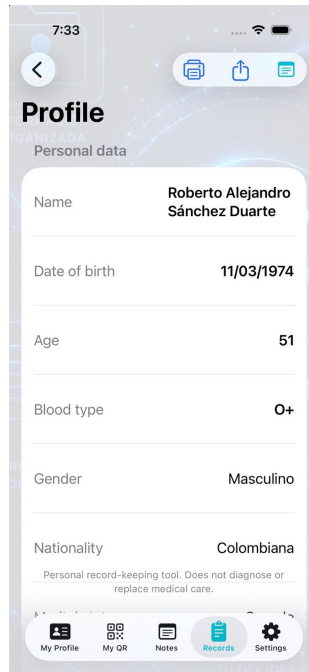
Main screen:

Personal data: name, age, blood type, gender, nationality, marital status, occupation, language (health), ID number, preferred name, religion, religious beliefs and personal decisions, organ donor and current pregnancy.

Contact: mobile, home phone and medical-use email.

Identity: sex assigned at birth, notes, hormone therapy and affirmation surgery, when the patient decides to share them.

Address: address, city, state / province, postal code and country.



M21 · Profile

Module M22 · Insurance:

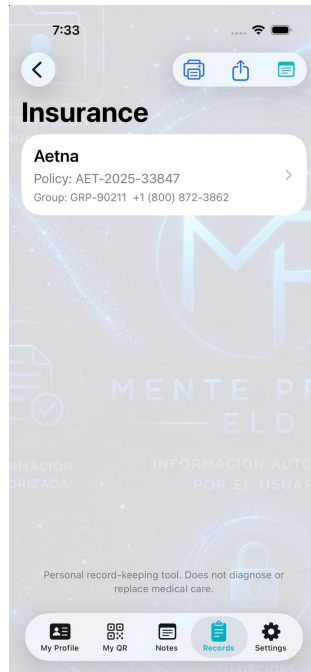
Main screen:

List of insurance plans with company, policy and group.

Auxiliary screen. It opens by tapping (>) on an insurance plan.

Policy details: group ID, policyholder, customer service phone, expiration and source document.

Patient's note: the note the patient wrote or dictated in their app, in read mode.



M22 · Insurance

Module M23 · Vital signs:

Main screen:

Vital type, Latest value and Date.

Auxiliary screen. It opens by tapping (>) on a type of vital sign.

All the measurements, each with its value, date and source document.



M23 · Vital signs

Module M24 · Vaccines:

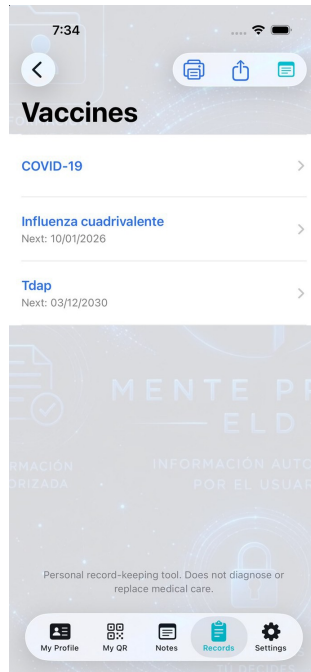
Main screen:

Vaccines grouped by disease, with the date of the next dose when it is recorded.

Detail screen. It opens by tapping an inoculation.

Date given, dose number, lot, injection site, administered by, source document and reactions.

Patient's note: the note the patient wrote or dictated in their app, in read mode.



M24 · Vaccines

Module M25 · Travel:

Main screen:

Destination, Dates and Sympt. (Yes or No).

Auxiliary screen. It opens by tapping (>) on a trip.

Dates: departure and return.

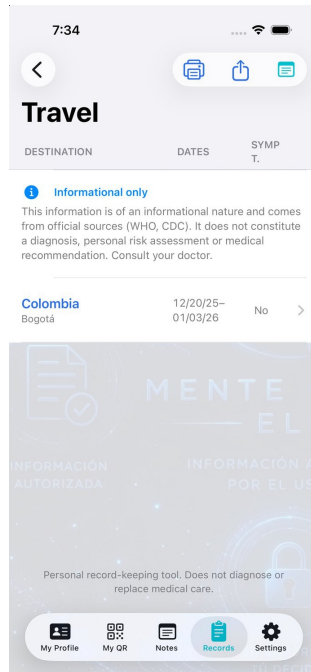
Health condition: "Check CDC/WHO" button with the destination's health information, for informational purposes.

Symptoms: Did you have symptoms?, summary, symptom onset and description.

Medical care: Did you receive medical care?, physician, and Were medications prescribed?

Trip description and additional notes.

This log helps the professional relate or rule out symptoms according to the public health situation of the places visited.



M25 · Travel

Sharing a document with the patient:

Share document with the patient screen:

Patient: the patient's name and the professional's license no.

Title: name or description of the document.

Category: type of document. E.g.: prescription, referral, visit summary.

Document date.

File: Camera (photo of the document), Gallery (existing photo) or Files (PDF or image).

Extracted text (OCR): the app reads the document's text. The file is saved encrypted (AES-256).

Notes (optional): additional information.

Save: sends the document. It appears organized in the patient's history the next time they open their app, and it is recorded in the Sending history.

Visit summaries are limited to organizational information; the diagnosis and recommendations are communicated directly during the visit.

Notes module:

Main screen:

It brings together the observations the professional wrote within each patient's modules, with the module, the text, the author, the date and the device.

To write a note: open a record and, within any module, tap the Notes icon at the top, next to Print and Share.

Each note is kept permanently. To correct it, a new note is written.

Notes are observations; the diagnosis and treatment are recorded in the professional's clinical systems.

Settings module:

Main screen:

Professional's details: name, specialty, institution, country, license no. and Apple email (optional).

Language: Spanish or English.

Accessibility: text size for the whole app, with a preview.

Activity: total sessions and transfers.

Help: user manual and "Ask about the app."

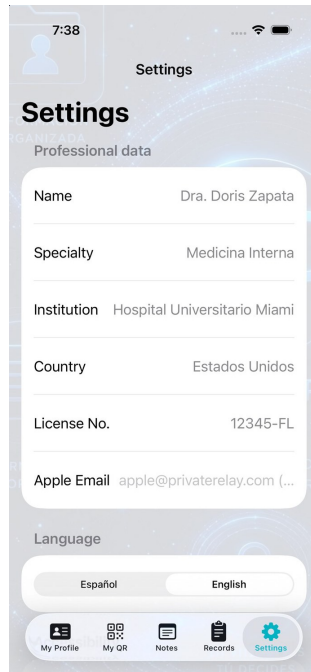
Legal: full legal notice, with its acceptance date.

About: app version and developer.

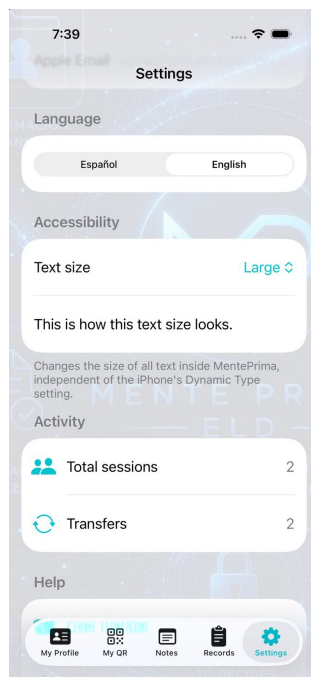
Data: load demo profile and demo patients, to explore the app with sample data; and Delete my account and data, with prior confirmation.

Session: Sign out. The data is kept on the device.

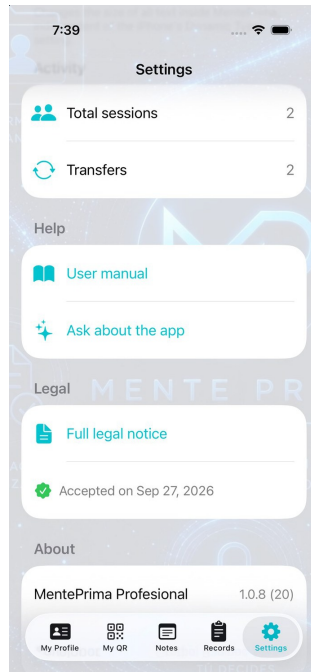
View subscription: plan, price and duration of the subscription.



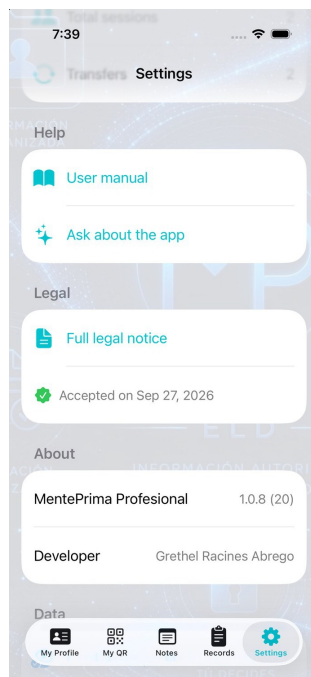
Settings — professional's details



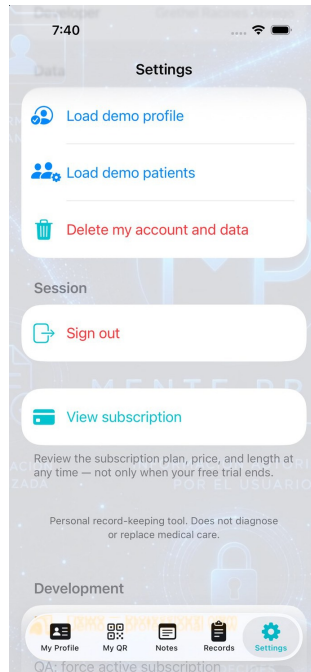
Settings — language and accessibility



Settings — activity and help



Settings — legal and about



Settings — test data and signing out

From the iPhone to the Mac:

MentePrima Profesional works on iPhone, iPad and Mac with the same Apple Account and the same subscription. On the iPhone each patient is kept for 7 days, or permanently if pinned; on the Mac they are kept permanently. QR codes are scanned with the iPhone's or the Mac's camera.

Patients and sessions sync between the professional's iPhone, iPad and Mac through their private iCloud, with the same Apple Account.

MentePrima Acompañante

MentePrima Acompañante is the trusted caregiver's app. With the patient's authorization, the caregiver receives a continuous, synced copy of the patient's history, organized in the same 25 modules, and can accompany several patients from the same app.

Getting started: from the App Store to the main panel

Step 1. Download the app:

Open the App Store on the iPhone, iPad or Mac.

Tap Search and type: MentePrima Acompañante.

Tap Get and confirm the download with Face ID, Touch ID or the Apple Account password.

When the download finishes, tap the MentePrima Acompañante icon to open the app.

Step 2. Welcome tutorial:

Screen 1. Welcome:

Title: MentePrima Acompañante.

Message: Follow the medical history of the person you care for, with their authorization.

The patient scans your introduction QR, verifies your identity and authorizes you.

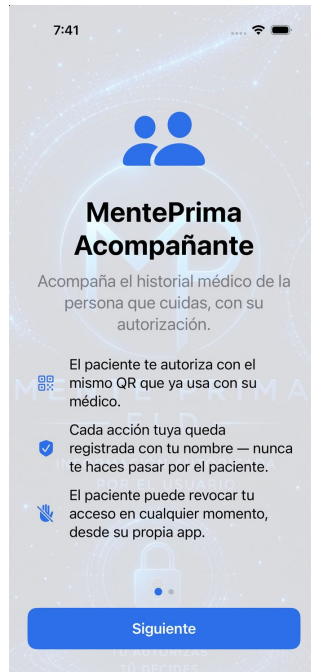
Every action you take is recorded with your name, as caregiver.

The patient can revoke your access at any time, from their own app.

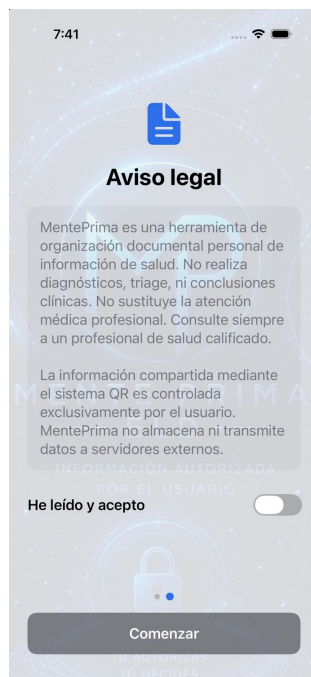
Next: goes to page 2.

Screen 2. Legal notice:

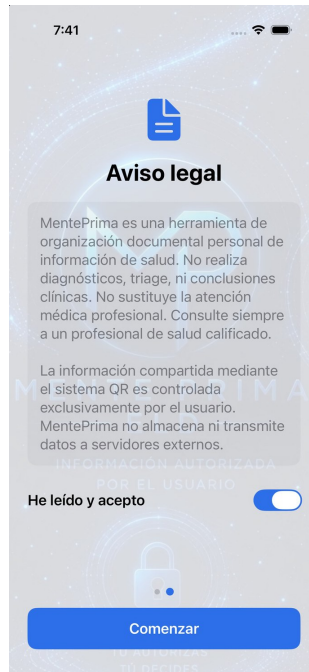
Shows the full text of the legal notice. The "I have read and accept" switch starts off; when it is turned on, the Start button changes from gray to blue. This step is required and is done only once. The notice remains available afterwards in Settings → Legal.



Welcome — what this app does



Legal notice



Legal notice — accepted

Step 3. Cover screen:

Cover screen:

Greeting: Good morning, Good afternoon or Good evening, depending on the time of day, together with the caregiver's name. E.g.: Good evening, Roberto Rodríguez.

Enter: a button confirmed with Face ID, Touch ID or the device passcode.



Cover screen — personalized greeting

Step 4. Use on the Mac:

On the Mac, before seeing the patient's information, the "Use on your Mac" screen appears. The caregiver reads the conditions, checks "I confirm the above" and "I understand and, if applicable, I have already confirmed it," and taps "I accept and continue." This step is done only once.

Step 5. Free trial and subscription:

MentePrima Acompañante offers a 15-day free trial. When the trial ends, the subscription screen appears, with the list of benefits — among them, several patients in a single subscription. The subscription can be reviewed at any time from Settings → View subscription.

Step 6. Main panel:

When you enter, the main panel opens. The tabs appear at the bottom of the screen (on iPhone, some are grouped under "More"):

My patients: the linked patients. It is the tab that opens first.

Link patient: your introduction QR and the scanner for the patient's access code.

Notes: the caregiver's observations within each patient's modules.

Access: the log of each link.

Documents: the documents with which the caregiver accredits their identity.

My Profile: the caregiver's identity.

Settings: the caregiver's details, language, accessibility, help, legal notice and subscription.

Step 7. First steps:

Accredit your identity in My Profile with a photo of the front and back of your license, ID card or passport. The patient sees this profile when authorizing the caregiver.

Link the first patient: the caregiver shows their introduction QR in "Link patient"; the patient scans it and shows them their access code, which the caregiver scans.

MentePrima Acompañante — App screens

My patients module:

Main screen:

Each row is a linked patient, with the date of the link. A caregiver can accompany several patients, each in their own row.

Refresh: syncs the latest information.

When there are no patients yet, the screen says to show the patient the introduction QR on the "Link patient" tab and then scan the code they show.

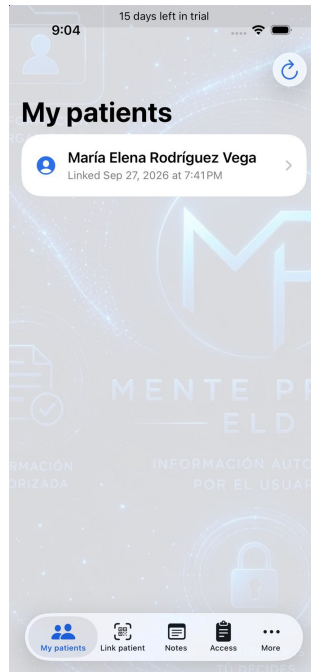
Auxiliary screen. It opens by tapping (>) on a patient.

Pending confirmation: appears when the patient has the AI turned on and there is data read by the AI awaiting confirmation. The caregiver can Accept or Discard each one; their name is recorded as the person who confirmed it.

List of the patient's 25 modules, in alphabetical order (M01 to M25), described below.

Care succession: if the caregiver is going to stop caring for the patient permanently, they can introduce their replacement. They type the name of the person replacing them (optional) and tap "Request succession link." The patient, or whoever has their phone, confirms it with Face ID, Touch ID or the device passcode. This generates a new link, and the other caregivers scan the new QR again.

Notice: this information is synced by the patient; the caregiver consults it in read mode.



My patients

Link patient module:

Main screen:

1. Your introduction QR: the code with the caregiver's name and document, valid for 25 minutes, with the "Renew QR" button. It is generated once the caregiver has accredited their identity and written whom they care for in My Profile; if anything is missing, the screen says so.

2. Patient's code: the "Scan patient's code" button. The camera turns on with the message "Point at the patient's QR code."

The app verifies that the code is current and that it is for this caregiver. If it expired or is for another caregiver, it says so and asks for a new code.

When the code is read, "Link accepted" appears and the patient is added to My patients as soon as their history arrives, within a few seconds.

If the camera is turned off, the "Open Settings" button lets you turn it on.

On a Mac, scanning uses the Mac's camera: hold the QR code in front of it.

Access module:

Main screen:

A permanent record of each link, with the patient's name, the status (Linked or Unlinked) and the date and time. This way the patient and the caregiver have a faithful record of what happened.



Access

Documents module:

Main screen:

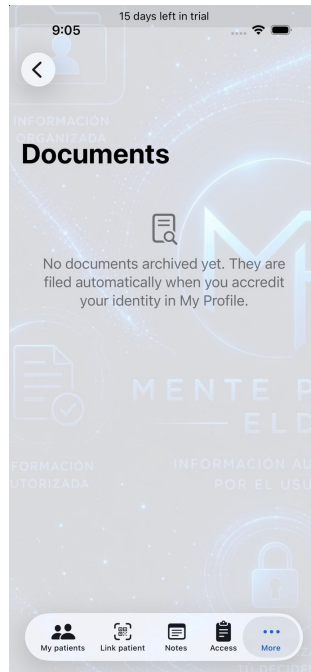
The documents with which the caregiver accredited their identity, each with its status: In use or Replaced. They are filed automatically when the identity is accredited in My Profile.

Auxiliary screen. Document detail. It opens by tapping (>) on a document.

What this document is: type, filing date and what it was used for.

Usage status: Is it currently in use?, Was it replaced?, replacement date and the document that replaced it.

Each document is kept permanently, in read mode.



Documents — caregiver identity

My Profile module:

Main screen:

Identity: full name, document type, number, date of birth, gender and address. They are accredited with the identity document and updated by repeating the capture.

Accredit my identity / Update identity: a button that opens the camera.

Whom you care for: the caregiver's own statement. E.g.: My mother, María Rodríguez.

Personal note: e.g.: I am her daughter and I am usually with her. It is an informational note; actual access depends on the patient approving the link, and the patient can deactivate it at any time from their app.

Contact: email and mobile phone (optional).

Edit and Save buttons.

Your identity screen. It opens by tapping "Accredit my identity."

Photo of the FRONT of the document (license, ID card or passport).

Photo of the BACK of the same document.

While the AI reads the document, "Reading your document..." appears.

Data read: full name, document type, number, date of birth, gender and address (street, city, state, postal code and country).

Accept: saves the data. Discard and retry: lets you take the photos again.

9:05 15 days left in trial

INFORMACIÓN ORGANIZADA

My Profile

Roberto Rodríguez
Cares for: María Elena Rodríguez Vega (esposa)

Identity

Full name	Roberto Rodríguez
Document type	Licencia de conducir
Number	D123-45-6789-0
Date of birth	12/05/1975
Gender	Masculino
Address	1200 Brickell Ave, Miami, FL,

My patients Link patient Notes Access More

My Profile — accredited identity

9:05 15 days left in trial

My Profile

Address 1200 Brickell Ave, Miami, FL,
33131, Estados Unidos

Read-only — updated by repeating the capture

Update identity

Whom you care for

Whom you care for	María Elena Rodríguez Vega (esposa)
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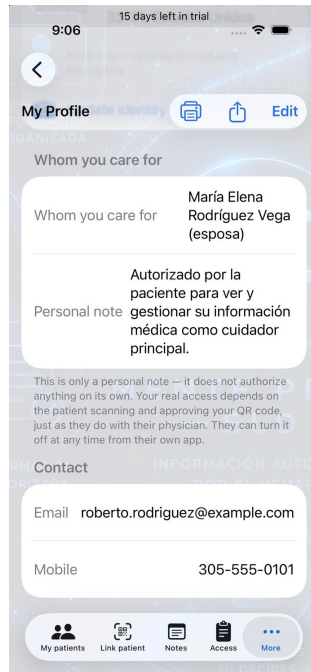
Personal note Autorizado por la paciente para ver y gestionar su información médica como cuidador principal.

This is only a personal note — it does not authorize anything on its own. Your real access depends on the patient scanning and approving your QR code, just as they do with their physician. They can turn it off at any time from their own app.

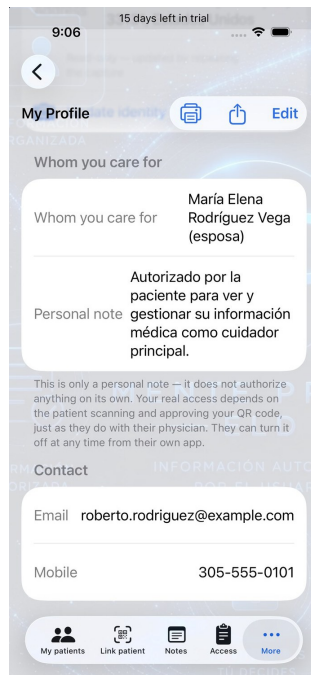
My patients Link patient Notes Access More

Email: roberto.rodriguez@example.com

My Profile — address and update identity



My Profile — whom you care for



My Profile — contact

Notes module:

Main screen:

It brings together the observations the caregiver wrote within each patient's modules.

To write a note: open the patient and, within the modules, tap the Notes icon at the top (a sheet with lines).

Each note is kept permanently. To correct it, a new note is written.

Settings module:

Main screen:

Caregiver's details: name, whom they care for and document.

Language: Spanish or English.

Accessibility: text size for the whole app, with a preview.

Activity: linked patients and saved documents.

Help: user manual, MentePrima assistant and contact support (soporte@menteprima.com).

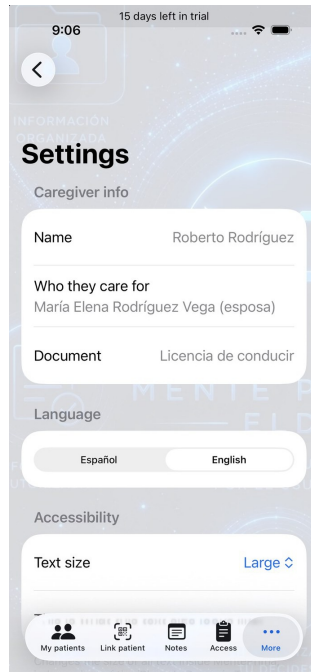
Legal: full legal notice, with its acceptance date.

About: app version and developer.

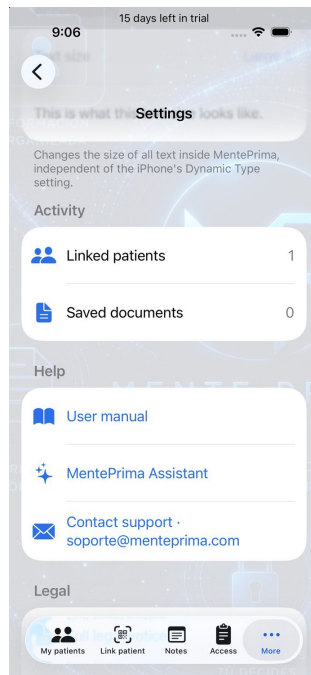
Data: load my demo profile and load demo patient, to explore the app with sample data; and Delete my account and data, with prior confirmation.

Session: Sign out.

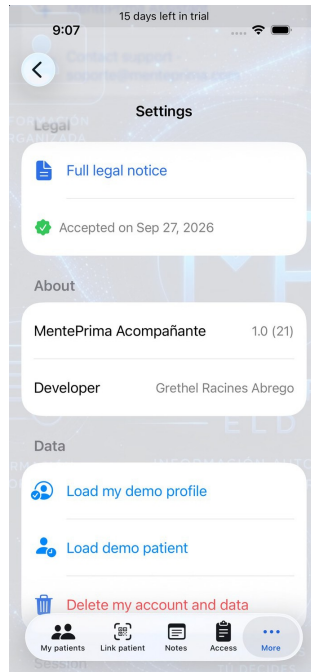
View subscription: plan, price and duration of the subscription.



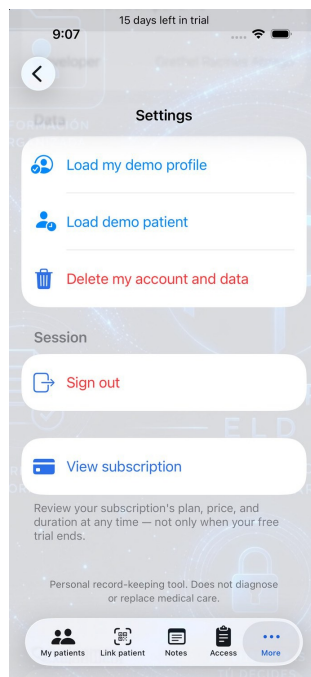
Settings — Caregiver's details



Settings — activity



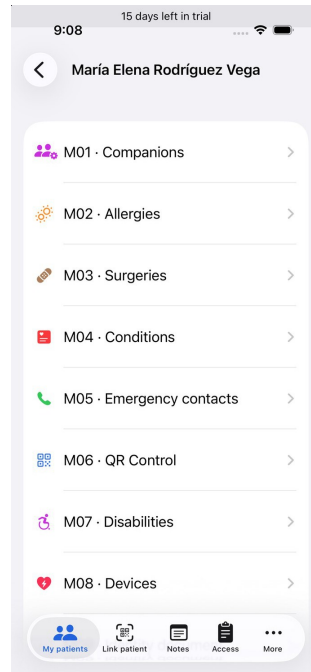
Settings — help and legal



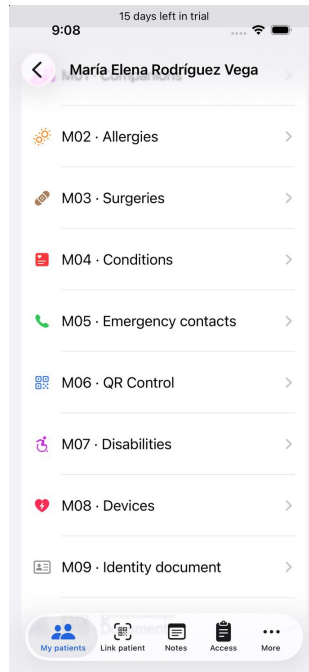
Settings — exploration data, account and session

MentePrima Acompañante — The patient's 25 modules

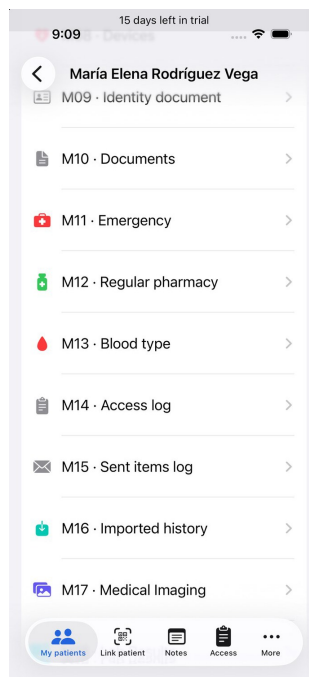
All modules are consulted in read mode; the information is synced by the patient. Each module first opens a summary table and, when you tap (>) on a row, the complete detail.



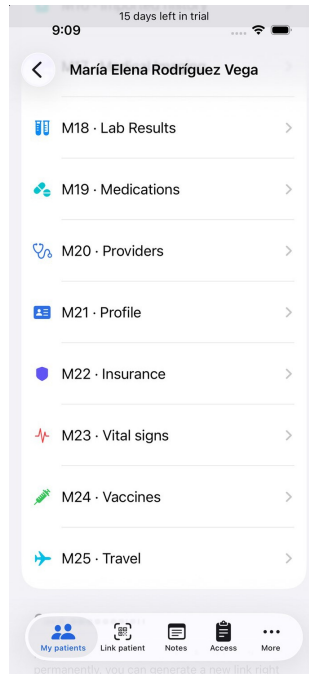
Directory of the 25 modules — M01 to M08



Directory of the 25 modules — M02 to M10



Directory of the 25 modules — M09 to M16



Directory of the 25 modules — M16 to M24

Module M01 · Companions:

Main screen:

Caregivers linked to the patient, with their status: Active or Deactivated.

Module M02 · Allergies:

Main screen:

Allergy and Severity.

Auxiliary screen. It opens by tapping (>) on a row.

Allergy, severity, allergen, described reaction, treatment received, medication to treat, examining physician, license no., place of the episode, date of the episode, date of medical care, notes and source document.

Module M03 · Previous surgeries:

Main screen:

Surgery and Year.

Auxiliary screen. It opens by tapping (>) on a row.

Surgery, date, year, hospital, physician, type of anesthesia, reason, days of hospitalization, implants placed, complications, restrictions, notes and source document.

Module M04 · Medical conditions:

Main screen:

Condition and Year, in two groups: the patient's conditions and family history.

Auxiliary screen. It opens by tapping (>) on a row.

Condition, year of diagnosis, under treatment (Yes or No), physician, license no., institution, follow-up frequency, treatment start, notes and source document. For family history it also indicates whether the family member died.

Module M05 · Emergency contacts:

Main screen:

Name, relationship, phone, alternate phone and email of each contact.

Module M06 · QR Control:

Main screen:

Emergency QR status: Emergency QR (Active or Inactive) and Encrypted layer (Active or Inactive).

Module M07 · Disabilities:

Main screen:

Type and Level.

Auxiliary screen. It opens by tapping (>) on a row.

Type, level, description, diagnosis date, documented (Yes, or self-declared) and notes.

Module M08 · Medical devices:

Main screen:

Device and Date.

Auxiliary screen. It opens by tapping (>) on a row.

Device, brand/model, serial number, physician, institution, implant date, implant year, next check, MRI compatibility, notes and source document.

Module M09 · Identity document:

Main screen:

Current document and History, with number and source document.

Module M10 · Documents:

Main screen:

The patient's general document archive.

Documents the patient uploaded as previous history appear in the "Prior history" category, with the code MP-HIS.

Module M11 · Emergency:

Main screen:

Disability alerts (hearing, visual and speech), important information, preferred hospital with its phone and email, emergency note and emergency contacts.

Module M12 · Usual pharmacy:

Main screen:

Name, address, phone, email and fax of the pharmacy.

Module M13 · Blood type:

Main screen:

Current type and History, with source document and notes.

Module M14 · Access history:

Main screen:

A permanent record of who accessed the patient's history and when.

Module M15 · Sending history:

Main screen:

A permanent record of the documents the professional sent to the patient.

Module M16 · Imported history:

Main screen:

Records from Apple Health or FHIR: Distributed and Unclassified.

Module M17 · Medical imaging:

Main screen:

Type and Date.

Auxiliary screen. It opens by tapping (>) on a row.

Type, date, body region, ordered by, institution, result, has an attached file (Yes or No), notes and source document.

Module M18 · Lab results:

Main screen:

Test, Value and Date.

Auxiliary screen. It opens by tapping (>) on a row.

Test, value, reference range, date, category, physician, institution, documented status, notes and source document.

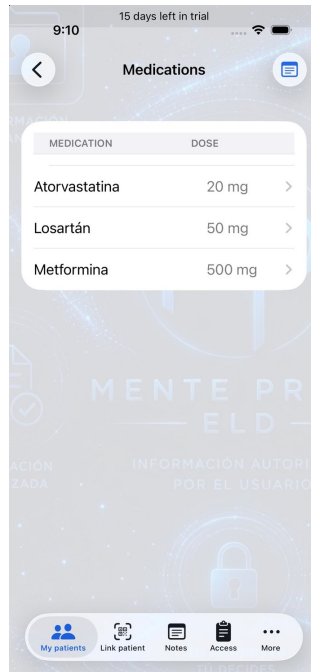
Module M19 · Medications:

Main screen:

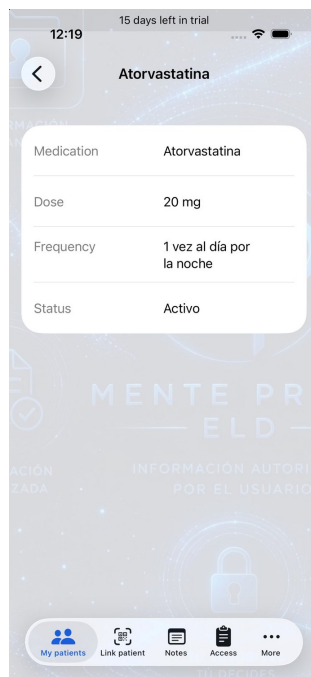
Medication and Dose. Critical-use medications are identified.

Auxiliary screen. It opens by tapping (>) on a row.

Medication, dose, frequency, status, physician, license no., pharmacy, pharmacy address and phone, prescription date, dispensing date, start date, end date, reason for discontinuation, notes and source document.



M19 · Medications — list



Losartan — detail

Module M20 · Physicians:

Main screen:

Physician and Specialty. The primary physician is identified.

Auxiliary screen. It opens by tapping (>) on a row.

Name, specialty, institution, phone, email, fax and primary physician (Yes or No).

Module M21 · Profile:

Main screen:

Identification (name, date of birth, blood type, gender, nationality, marital status, occupation, health language, ID number, preferred name, religion, beliefs and personal decisions, organ donor, current pregnancy), Identity (sex assigned at birth, notes, hormone therapy, affirmation surgery) and Contact and address.

Module M22 · Insurance:

Main screen:

Company and Policy.

Auxiliary screen. It opens by tapping (>) on a row.

Company, policy number, group, phone, policyholder, expiration, notes and source document.

Module M23 · Vital signs:

Main screen:

Type, Value and Date.

Auxiliary screen. It opens by tapping (>) on a row.

Type, value, date, notes and source document.

Module M24 · Vaccines:

Main screen:

Disease and Latest dose.

Auxiliary screen. It opens by tapping (>) on a row.

Date, dose number, lot, injection site, administered by, next dose, reactions, notes and source document.

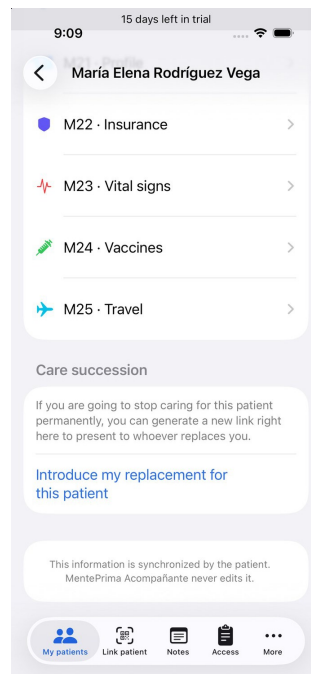
Module M25 · Travel:

Main screen:

Destination and Dates.

Auxiliary screen. It opens by tapping (>) on a row.

Destination, departure, return, Did you have symptoms?, symptom summary, Did you receive medical care?, physician, description and notes.



M25 · Travel, and Care succession